

The Olympic Games on Seven... UNMISSABLE!

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Olympics on 7 app available August 1

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Foreword

In 2000, Seven accepted the honour of welcoming the world to Australia as the television network of the Olympic Games. Rio is the next chapter in our journey. And, we will be there for the Olympic Winter Games in 2018 and the Games of the XXXII Olympiad in Tokyo.

This year we acknowledge a 60-year partnership with the Olympic Games.

Our coverage 60 years ago at Melbourne's Olympic Stadium – three cameras being ferried between the Olympic Stadium and the Olympic Swimming Pool to create six hours of live coverage each day - was dwarfed by the sheer level of technology associated with Seven's coverage of Olympic Games in Sydney drawing on more than 700 cameras and 70 outside broadcast units.

In Rio, we will be part of a global television community that will see more than 1,000 cameras capture dramatic vision of some of the most extraordinary moments in sports.

We will be undertaking the most extensive coverage of an Olympic Games ever provided. For the first time in Australian free-to-air television history, three channels - 7, 7TWO and 7mate - will carry Olympic coverage and, on Channel 70, the coverage will be available in HD.

Our Olympics on 7 app and website (<u>www.seven.com.au/Olympics</u>) will offer all three of seven's broadcast channels for free, plus extra content. And every moment of the Games will be available live to all Australians across connected devices, with a premium upgrade option* that includes more than 3,000 hours of live event coverage and a total of more than 5,000 hours of coverage delivered by Seven for all Australians.

While technology has undertaken a quantum leap, those early days of television and our coverage of the Melbourne Games are inextricably linked to our future: our partnership with the Olympic movement, our passion for sports and an obligation to bring all Australians every angle, every moment of the greatest event in modern history.

The Olympic Games are a commitment to excellence that invigorates us and we look forward to meeting the challenge of bringing the biggest event in sports to all Australians. Every Big Moment! Live on television. And available on mobile devices and online.

*Data charges apply.

A message from Kerry Stokes Chairman, Seven West Media

The Olympic Games. They are a special journey. A journey that enlivens and invigorates all of us at Seven.

The Games of the XXXI Olympiad in Rio will be the next chapter in our partnership with the Olympic moment, and our company will be the network of the Games of the XXXII Olympiad in Tokyo in 2020.

This is a journey that reaches in and touches our souls. It is also a journey that has a deep and abiding impact. A journey we share with all Australians whether or not they have touched the prize of an Olympic medal, or represented their country at the ultimate gathering of athletes.

Each Olympic Games has challenged us to build and improve on our coverage.

These Olympic Games take us to a new level. It will be the biggest undertaking in our company's history, an all-encompassing coverage across three broadcast television channels, connected devices, online and social platforms.

As with every Olympic Games, our coverage from Rio will set new standards in technology and production. But for all of us at Seven our coverage is more than just facts and figures, kilometres of cables or number of cameras. Most importantly, it is coverage which brings us together as a nation and which strikes an emotional chord within all of us.

Just as in Melbourne in 1956 and our first Olympic Games coverage, when people crowded around their television sets – and the streets were silent – so it was when this country again stopped for those 17 remarkable days of the Olympic Games in 2000, and as it will be for Rio.

We are committed to the Olympic Games in Rio. It will be an extraordinary event – one we will see unfold live, as it happens, across broadcast television and connected devices. We are also committed to Australian sport. And we are determined to deliver a quality broadcast which embraces these ideals and reflects Australia's regard for its sportsmen and women.

A message from Tim Worner Managing Director and Chief Executive Officer, Seven West Media

The Olympic Games and Seven. It is a partnership that has formed such a special part of our development since the first days of television and it now forms a cornerstone of our continued progress as a multi-platform media company over the coming decade.

We accept the honour of being the network of the Olympic Games on behalf of our audiences. We take, with great pride, a responsibility to provide the Games to all Australians on all screens.

The Olympic Games are undoubtedly the greatest show on earth. They are about a commitment to excellence that has invigorated us as a company.

For 17 days, across broadcast television, all screens, in print and on mobile and social platforms, we will connect with all Australians.

It is a remarkable opportunity for Seven West Media as we march forward as a company, developing new content and building new businesses which will drive our future as Australia's leading multiple platform media company.

We are expanding our array of online and mobile products and will soon unveil more plans to maximise the delivery of our great television content to more screens.

The future for our company is exciting.

And we are delighted that the Olympic Games in Rio and beyond will be a key part of that future as we broadcast an extraordinary portfolio of huge live events including the Paralympics, AFL Grand Final, Melbourne Cup, Australian Open, Rugby League World Cup 2017, the Gold Coast 2018 Commonwealth Games, the Olympic Winter Games in PyeongChang in 2018 and Tokyo 2020 Olympic Games.

A message from Kurt Burnette

Event Director - Olympic Games and Chief Revenue Officer, Seven West Media

You are about to become deeply involved with what we are now referring to as "the very first unmissable Olympic Games".

But these Games are more than a sporting event. Rio 2016 is in fact a milestone in the company's history and a key initiative in our evolution to a media company of the future.

No matter where, no matter when, Australians will see the Olympic Games as never before, accessible to Australia like never before. We will engage with audiences across multiple devices to leverage the extraordinary power and reach of broadcast television. Our teams across the country and in Rio will play a part in the delivery and creation of some of the most powerful storytelling there is, the emotions, the highs, the lows. The great moments that only the Olympic Games can bring.

We are ready. We have our people in Rio. We have our people across our state-of-the-art digital broadcast centres here in Australia. Each of them, more than 450 of them, is dedicating themselves to deliver the Olympic Games to all Australians. The premium version of our Olympics on 7 app will have more than 3,000 hours of live event coverage and a total of more than 5,000 hours of coverage and will be created and delivered by Seven, and made available to all Australians.

Two years ago, when Seven secured the rights to the Olympic Games in Rio and beyond, our objective was simple: a new approach, but an approach that recognises our company's deep connection with the Olympic movement and our approach to television: bringing extraordinary moments in sports live to all Australians. Our broadcast model has evolved, rapidly, as we take our content to our audiences. We have created a model to deploy our Olympic Games content and coverage across an array of platforms – each leveraging, complementing and extending the Seven's broadcast television coverage across Seven, 7TWO and 7mate.And with Rio, we will broadcast the Olympic Games in HD for the first time on Channel 70.

We have developed new partnerships to secure this extraordinary coverage. Our partners came to us, sharing our vision of a coverage that reaches all Australians. It will be the unmissable Olympic Games wherever you may be, at any time, on television and your mobile and online screens.

It will be an extraordinary 17 days.

A message from Saul Shtein Head of Sport, Channel Seven

Welcome to Seven's coverage of the Games of the XXXI Olympiad.

Once again, we have been entrusted with the honour and responsibility to create the coverage of what is undoubtedly the biggest event in television.

We've done it before. And we'll do it again. This time it will be vastly different from any other Olympic Games coverage; across multiple channels, across our digital broadcast television platform and beyond, with live streaming channels on connected devices.

It is a coverage designed to give you the best seat in the house.

We journey to the Olympic Games with a long and proud association with the Olympic movement.

We will take you to the Olympic Games. It is through Seven that Australians will experience these Games. The Games do that to people. They create indelible images. And they are images building their own story, their own place in history as they unfold live on television and on multiple screens across Australia.

The Olympic Games are what television does best. So, how will we cover them? Well, our team of more than 450 knows this: The Olympic Games are the ultimate – the time and place to be our best. And we will be live for every moment.

We recognise that it is the athletes who will tell their own story and it is they who will ultimately determine our television coverage. Our responsibility is to enhance and amplify their performances and their stories – not overwhelm them.

We will have the most extraordinary technology in place. We will have a commentary team led by Bruce McAvaney, the best Olympic Games broadcaster in the business.

We will be there, to take you there. The athletes' performances and their reactions speak for themselves. You will see coverage that employs some new camera technologies and you will notice our approach to commentary where we will let our vision tell the story.

There is nothing that comes close to the Olympic Games. The athletes know that. They have committed their lives to this one event. In television, there are sports and then there is the Olympic Games. Our team is looking forward to once again being a part of the biggest event on television this year.

A message from Bruce McAvaney

We say the Olympics are back home on Seven and that's a fair call.

Our network's relationship with the Olympic Games started with the birth of television in Australia and boasts the first exclusive coverage in Moscow in 1980, our home Olympics in Sydney and now Rio and beyond.

Those Olympic Games in Moscow perhaps best symbolise the network's commitment when it comes to the Olympics. At the time of the Opening Ceremony, not one commercial advertising spot had been sold but it remains one of the most memorable telecasts of any sporting event.

We all know that no two Olympic Games are the same, but Rio feels more revolutionary than evolutionary in a television production sense. The style of presentation will be radically different from previous years and the breadth of coverage has been expanded through the escalation of digital media distribution.

On a bigger scale, Australia's Olympic history is rich. It is one of only five countries to be represented at all 27 summer Olympic Games, and one of six to have hosted more than one; both of them highly successful.

Melbourne in 1956 was known as the friendly games. Sydney, 16 years ago, set a standard for organisational excellence, successfully incorporating thousands of volunteers, attracting record crowds and the ultimate recognition from the IOC.

Australia has enjoyed a couple of long-running golden ages. The first began in London in 1948 and continued to 1972 in Munich, peaking at home in Melbourne in '56.

Most recently, the platform was built with seven gold medals in Barcelona 24 years ago, boosted to nine gold in Atlanta four years later, and then soaring to 16 by the Sydney millennium Olympic Games to a record 17 gold in Athens.

Beijing held firm. In London we teetered. So history suggests we're in decline. But the forecast is for a bounce back.

Six of our eight London gold medallists are returning in one form or another and the predictions are wide ranging: anything from 10 to 18 gold medals, and from 10th to fifth place overall.

Of Australia's total 142 gold medals, 59 have come from a single sport: swimming.

The last three Olympics tell a tale. Seven gold in Athens, followed by six in Beijing, down to just one in London. There, Australia's reputation suffered not just in the pool but across the board.

Swimming's rejuvenation has been impressive over the last 12 months. And there's optimism within and surrounding the team. That rejuvenation and optimism was confirmed by Cate Campbell's stunning world record less than a month out from the Olympic Games.

Core performers Cate and Bronte Campbell, Cam McEvoy, Mitch Larkin, Emily Seebohm and Mack Horton have a strong support cast, including real strength in the relays.

So, our gold medal haul rests heavily on swimming's shoulders.

Twelve years ago, it was the double act of swimming and cycling that propelled Australia to its record gold medal haul. Cycling is also charging into Rio led by legendary flag bearer, Anna Meares.

It's Australia's team sports that could provide the bonus to boost our results.

Two of them, men's hockey and women's rugby sevens, are gold medal favourites. We also have strong medal prospects in women's basketball, football and water polo.

The team is about the same size as London: just over 400. Every Olympian has a story and some are better known than others. The Campbell sisters, originally from Malawi, are on the brink of achieving gold and silver in the premiere pool event. Jared Tallent, the modest distance walker from country Victoria, has finally received the accolades that come with being an Olympic champion. Table tennis player Melissa Tapper will become the first Australian to compete in both the Olympics and Paralympics.

Who knows where the surprises will come from? Basketball superstar Lauren Jackson predicts her successor, Liz Cambage, will emerge from Rio as the number one player in the world. Teenage 100-metre freestyler Kyle Chalmers claimed a major scalp to make the team. Four years ago, it was another youngster, Jess Fox, who surprised everyone by winning a silver medal in canoe slalom. We'll also be watching our first indigenous beach volleyballer, Taliqua Clancy, when she teams up with veteran Louise Bawden.

And then there's Sharni Williams. She's the captain of the rugby sevens and until recently would head off to train at 5.00 am before working a full day as a motor mechanic — still taking time to fix her mates' cars.

Daniel Repacholi, who drives trucks at a Hunter Valley coal mine, has lost 20 kilograms to compete at his fourth Olympics in pistol shooting. The gentle giant, at 202 cm — with a beard nearly as long — will be competing in his lucky rainbow-coloured socks, with his wife and two daughters cheering him on.

They're just the tip of the iceberg.

One wish for every Olympics is for the host team to be successful. Brazil has been ramping up to these Olympic Games. Like Australia, their record medal returns are recent: five gold in Athens was their best performance, with 17 medals overall in London.

Traditionally, Brazil's specialties have been beach and indoor volleyball, sailing, athletics, judo and, more recently, boxing, and gymnastics. Football is another story and, when it comes to this nation, it's the most important of all. Remarkably, the country has won five World Cups. They've won five Olympic medals in men's football but not one gold. The big question at these Olympic Games is whether Brazil's men's team can win the final in the famous Maracanã Stadium.

In other sports, the list of stars to watch includes equestrian rider Rodrigo Pessoa who will be the first Brazilian to compete at seven Olympics; Robert Scheidt, who has already won five medals in sailing; football superstars Neymar and his female counterpart Marta — and the glamour beach volleyball duo Larissa and Talita. Artistic gymnast Flavia Saraiva is just 16 years old and a tiny 133cm tall. But she boasts a captivating floor routine.

Brazil's Olympic history is a little bit like the lead-in to these Olympics — full of problems. They can't claim their first athlete who competed in 1900, as he did so under the French flag. Officially attending their first Olympic Games as a nation in 1920, Brazil pulled out in 1928 because of an economic crisis. They were forced to use subterfuge to get their team onto a boat to Los Angeles in 1932 and fielded not one but two teams in 1936 because of a dispute between officials back home.

The issues facing these Olympic Games in Rio are even broader and certainly more complicated: security, both internally and externally; the political crisis at the highest level; a depressed economy which has resulted in budget cuts affecting venues and transportation.

The Zika virus, which has world health authorities on high alert, has led to the withdrawal of some prominent athletes. Gender issues in athletics, in particular the Women's 800 metres, are escalating. And then there is the widespread doping crisis that has dominated so much discussion and, in particular, the banning of the Russian track and field team.

It's a common theme preceding any recent Olympic Games. But it's fair to say there is a heightened uncertainly surrounding Rio 2016.

Experience tells us that host cities and their organising committees rise to the occasion. Rio is the capital of the Carnival. Their staging of football's World Cup just two years ago was a success. The city surrounds include breathtaking images such as Copacabana Beach, Sugarloaf Mountain and one of the Seven Modern Wonders of the World: Christ the Redeemer statue soaring above the metropolis.

Rio provides a handful of mouth-watering possibilities. For Australia, Cam McEvoy has the potential to win five medals. Only three other Aussies have achieved five medals at one Olympic Games: Shane Gould in 1972, Ian Thorpe in Sydney and, most recently, Alicia Coutts in 2012. They're all swimmers, just like McEvoy, who gets his chance in the 50 and the 100 metres, plus the three relays.

Another in the pool, Katie Ledecky, is a phenomenon from the United States who has dominated middle and freestyle distance swimming since London — and is on the verge of true greatness.

Novak Djokovic and Roger Federer have already carried their country's flag at an Opening Ceremony. There's been much discussion about golf and tennis and where it sits at any Olympic Games. Golf still has to play itself out, but tennis will be again a focus. Remember, it was Andy Murray v Roger Federer in London and Serena Williams v Maria Sharapova, which is about as good a line-up as you can get. In Rio, the focus will be on two veterans, Federer and Djokovic, who are desperate for the one thing they don't have, and that's an Olympic gold medal in singles.

Michael Phelps has astonishingly won 22 medals, 18 of them gold, which is twice as many as any other competitor in Olympic history. To think that he could add to that total in a big way in Rio is both realistic — and mind-blowing. This extraordinary American has already broken another record just by getting to Rio, becoming the only male to swim at five Olympics.

Usain St. Leo Bolt might be the most tantalising of them all. The Men's 100 metres remains the most prestigious prize of the Olympics. Bolt rises to every challenge and his gift is the beauty of his performance. As remarkable as he is, he'll have to be something extra to overcome his latest setback, having been injured at the Jamaican trials and struggling to be fully fit for his final Olympics. This is surely his greatest challenge. But the spirit in which he competes and engages with both competitors and his millions of fans has globally endeared him to all sports lovers, just as Muhammad Ali did in the 20th century. An unprecedented third gold medal in the 100 must be, for many, the moment they are most looking forward to in Rio.

Seven and the Olympic Games

Seven is set to deliver the most comprehensive, innovative and multi-platform and technologically advanced Olympic Games coverage ever seen with its all-encompassing delivery across television, mobile devices, the internet and social platforms of the Games in Rio de Janeiro. Every major event will be broadcast live across broadcast television whilst every sport, every session will be made available on connected devices via the premium version of our Olympics on 7 app.

In 2014, Seven, Australia's most-watched broadcast television platform, confirmed the signing of a historic, long-term agreement for all-encompassing coverage of the Olympic Games over the coming decade.

Seven's agreement with the International Olympic Committee delivers free broadcast television and subscription television rights, and expands beyond television to Seven's digital platforms, including online, mobile, social platforms and other emerging forms of content delivery. Seven has also secured radio broadcasting rights.

Under the unprecedented new agreement, Seven will broadcast the Games of the XXXI Olympiad in Rio de Janeiro in 2016, the XXIII Olympic Winter Games in PyeongChang in 2018 and the Games of the XXXII Olympiad in Tokyo in 2020. Underlining this new partnership is an option which, if exercised, extends the rights to include the XXIV Olympic Winter Games in 2022 and the XXXIII Olympic Games in 2024.

Over the coming decade, Seven will continue to innovate across its multi-platform coverage of the Olympic Games in order to deliver an outstanding experience to as many people and screens across Australia as possible.

The Olympic Games have been an integral part of Seven's history since those first days of television in Australia 60 years ago. We are extraordinarily proud of our long partnership with the IOC and the Olympic movement. The Olympic Games are a commitment to excellence. As our first coverage of an Olympic Games in Melbourne defined our television business, the forthcoming Games in Rio will define our business and our connections with our audiences over the coming decade.

We take great pride in our partnership and our newly formed agreement as a key partner of the Australian Olympic Team. Beyond television and beyond our expanding coverage, we are also pleased to be actively involved with the Australian Paralympic Team as a major sponsor.

HISTORY

Seven's commitment to the Olympic Games now spans six decades and represents something of a homecoming. The Olympic Games in Melbourne was our first broadcast. Back then, our coverage involved one outside broadcast truck and three cameras and we moved them from the Olympic Stadium at sunset to the Olympic swimming pool to create six hours live coverage each day.

And while technology has undertaken a quantum leap, those first days of television are inextricably linked to our future; building on a partnership with the Olympic movement that has seen us broadcast 12 of the past 15 Olympiads, our passion for sports and an obligation to bring all Australians every angle, every moment of the greatest event in modern history.

From three cameras in Melbourne, to the airfreighting of film from Rome in 1960, videotape and the very early use of satellite from Tokyo in 1964 and then finally daily satellite coverage from Mexico in 1968, it's been a quite a journey. Our commitment to live coverage of the Olympic Games came with Munich in 1972 and Montreal in 1976, and in 1980, we pledged our support to the Olympic movement in a challenging international political climate, ensuring and delivering live continuous coverage of the Games with 100 hours of coverage from Moscow.

In 2000, we welcomed the world to Australia as the television network of the Games of the XXVII Olympiad. In 2006, at the Olympic Winter Games in Torino, we acknowledged our 50-year partnership with the International Olympic Committee. And we weren't just catering for Australian audiences. Crews from Seven worked in Barcelona, Atlanta, Sydney, Athens and Beijing as an integral partner of the Games global broadcast, producing coverage of major sports including swimming, diving, water polo and tennis.

Seven has been recognised by the International Olympic Committee as a leader in Olympic Games coverage. In 2008, we were awarded the highest honour - the gold award in the Olympic Golden Rings, which is a prestigious international competition in which the IOC awards excellence in television coverage of the Olympic Games. Seven's gold medal came in the most highly-contested category – The Best Olympic Programme – recognising best overall coverage of the Olympic Games in Beijing. This was Seven's third gold award in The Olympic Golden Rings. Seven was also awarded the Golden Ring for Best Olympic Programme for its coverage of the Olympic Winter Games in Torino in 2006 and recognised with gold for its coverage of the Olympic Games in Athens in 2004.

Seven has also been recognised in the annual Australian television industry Logie Awards with its coverage of the XXIX Olympiad receiving the highest honour for Most Outstanding Sports Coverage. The network has also received three Sportel Monaco Podium d'Or Georges Bertelloti Awards for its coverage of the Olympic Games.

RIO 2016

- Rio 2016 will be Seven's 13th Summer Olympic Games.
- Seven will draw on more than 1,000 cameras across the 17 days of the Games of the XXXI Olympiad.
- Seven will provide more than 5,000 hours of coverage including 3,000 hours of live event coverage.*
- A total of 450 people will be involved in the Australian television coverage with major production and transmission centres in Rio, Sydney and Melbourne, producing Seven's Olympic Games coverage, Sunrise, Seven News and In Rio Today.
- Seven will deploy dedicated cameras in the athletes' village and at all major venues and precincts in Rio to provide broad and extensive coverage for Australian television.
- Seven's coverage will access 101 separate vision feeds into the network's coordination centre – with 20 dedicated satellite vision and audio feeds then forming the foundation for our coverage.
- Recognising Seven's leadership in sports television production, we have a crew of 10 working exclusively for the Rio Olympic Broadcast Organisation responsible for the international television coverage of the Olympic Games. This crew and Seven's specialty camera technologies will be providing the world, not just Seven, with coverage of events from swimming, diving, water polo and synchronised swimming.
- Seven will be there for the Olympic Winter Games in PyeongChang in 2018 for what will be our 6th Olympic Winter Games and we will be heading to Tokyo for the Games of the XXXII Olympiad in 2020.

^{*}Available on the Olympics on 7 app's premium service

Seven's Rio 2016 digital plans

Seven will deploy its Olympic Games content and coverage across an array of platforms – each leveraging, complementing and extending the network's broadcast television coverage.

Seven's free-to-view coverage of the Games represents the single largest technical and logistical undertaking by an Australian television network.

Seven's plans for its multiplatform coverage of the Olympic Games builds on the success of the network's digital television coverage of the Australian Open tennis. This tennis coverage – across two channels and live-streaming of up to 16 additional courts – represented a significant step in digital television sports production for Seven and the Australian television industry.

Seven continues to take the lead in the development of applications for digital television – building on our commitment to new broadcast technologies through our digital network broadcast centre in Melbourne and the construction of a state of the art digital facility in Sydney for our coverage of the Games of the XXXI Olympiad.

As part of Seven's Rio 2016 coverage, the company is delivering a suite of digital products (with a premium upgrade option), to ensure Australians have the Olympic Games to hand at all times. It will be the unmissable Olympic Games for all Australians. The Premium option will contain every moment, every event.

Seven's free streaming products will offer all three broadcast channels, plus extra content and selected content to people living in Australia online at www.seven.com.au/Olympics and through the Olympics on 7 app (Android and iOS).*

This will include live simulcast of Channel 7, 7TWO and 7mate, as well as selected curated free content from the Olympic Broadcast Service (OBS) live channels not already featured on Seven. VOD highlights, medal tallies, statistics and a photo gallery will also be available, as will the live simulcast of Seven's channels in PLUS7 (on Telstra TV, Apple TV (4th gen), mobile and web), and existing Seven products 7tennis and 7live.com.au

Content available through the Olympics on 7 website and apps will include:

Up to 900 hours of Seven's Olympic Games broadcast, live simulcast from 7, 7TWO

and 7mate

300 hours of additional live competition streams - not on broadcast television

Hundreds of hours of video highlights

Official medal tallies, photos and athlete profiles

*Data charges apply

Seven's Olympic Games online presence is built to provide a similar depth of service as the network's enhanced digital television channel but adds greater interactivity, as well as the ability to navigate deeper into Seven's content offering. Yahoo7 will include the latest medal tally, Olympic results and news, and online polling, as well an Olympic program guide for Seven's coverage. And building on these initiatives, Seven and its partner Yahoo7 will deliver live streaming and highlights direct from the Games on the PLUS7, 7News and 7Sport apps.

This is the first truly mobile and social Olympic Games. Our objective is simple: nobody needs to miss a single moment of Rio 2016.

Across all social channels, the #7Olympics and @7Olympics conversation is open to everyone in Australia.

Official website: Seven.com.au/Olympics

Official hashtag: #70lympics

Seven's Olympic Games - The Biggest Television Event

The Games of the XXXI Olympiad are live on Seven. It is the biggest event on television and Seven will capture every moment in the biggest production and technology undertaking since the network's coverage of The Games of the XXVII Olympiad in Sydney.

The time difference between Rio and Australia presents an enticing opportunity for Seven – a Games coverage where we are presenting live coverage of the Olympic Games for up to 16 hours each day, stretching across primetime into early morning and then through to the market-leading Sunrise followed by an exhilarating mid-morning of competition: every moment is a prime time moment.

IN RIO TODAY

Hosted by Hamish McLachlan, In Rio Today will air nightly from 7pm AEST August 6-21. The centrepiece of Seven's Rio 2016 coverage, In Rio Today will feature the major Australian and international events from the previous day and all the emotion and reactions from athletes, coaches and families in Australia and Rio.

It will also examine our medal chances and look forward to the events to feature in Seven's coverage in the day ahead. Viewers will have no doubt when and where to find their favourite athletes, sports and events when live competition starts at approximately 10pm AEST each night.

In Rio Today will contain Olympic Updates and Buzz from Brazil, plus athlete and team profiles to preview their performances later in the evening, Australian time.

Contributions from Seven's commentators, plus feature pieces filmed in Rio with Aussie fans and families, will also highlight the colour and appeal of the host city.

SEVEN NEWS

The Seven News crew for Rio 2016 will be headed up by Chris Reason. He will lead a team of reporters based in Barra Olympic Park including Alex Hart, Laurel Irving, Tom Browne and Blake Johnson, while Mike Amor and Lee Jeloscek will be keeping across events and news happening around Copacabana.

The entire team will be live from several locations throughout Rio during the Olympic Games. The newsroom will operate 24 hours a day from the International Broadcast Centre in Barra to cover events as they happen and be ready to go live into our 6pm Seven News bulletins at home.

SUNRISE

The Sunrise journey begins on Monday, August 1 when the team broadcasts live from the world famous Copacabana Beach in Brazil. They'll tour the venues, chat to our athletes and sample the sights and sounds of Rio.

Then from Monday, August 8, Brekky Central becomes "Games Central". The Sunrise team will be joined by a panel of experts including Leisel Jones, Eamon Sullivan, Lisa Curry, Melinda Gainsford-Taylor, Jana Pittman and Robbie McEwen, while relatives of our Olympians will form a massive Aussie cheer squad in our specially-themed studio each day.

Sunrise is Australia's only breakfast television show which can cross live to Olympic events as they happen and all the big medal wins - if it's happening in Rio, you'll see it live.

Plus, only Sunrise will have your full wrap up of all the Olympic action while you were sleeping. Then, when Aussies strike gold, their first stop for post competition interviews in the morning will be Sunrise. And only Sunrise can take you inside the Athletes' Village each day.

But the close of the Games doesn't spell the end of our coverage. Sunrise will also broadcast live from Sydney Airport on Wednesday August 24 to welcome home our winning Aussie team.

BUZZ FROM BRAZIL

Olympic gold medallist Matthew Mitcham and Seven personality Teigan Nash have joined Seven's Rio 2016 broadcast team to present Buzz From Brazil, a daily program containing a snapshot of what's happening across social media in and around the Games.

Buzz From Brazil will screen across the Channels of Seven including premiere airings during Seven's primetime show, In Rio Today. Buzz will also be showcased across the 7Olympics social platforms each day of the Olympic Games, highlighting the best viral video, tweets, posts and social content from athletes and fans both in Rio and back home.

Rio 2016 is the first truly mobile and social Olympic Games. As athletes and fans alike flock to social, so too Seven will be front and centre - bringing unique content to our audience across all platforms and leveraging our position as rights holder for the best access to viral video content.

Seven's Rio 2016 Host and Commentary Team

Seven's host and commentary team brings extraordinary broadcasting experience and expertise across the wide range of Olympic sports, including 16 Olympians.

Seven's coverage will once again see Bruce McAvaney – acknowledged as one of the world's best sports and Olympic broadcasters – cover the big ticket events at the Games: the ceremonies and athletics. It will be McAvaney's 10th Olympic Games.

Seven's team features nine Olympic gold medalists: Steve Hooker, Giaan Rooney, Scott McGrory, Rechelle Hawkes, Russell Mark, Debbie Watson, Drew Ginn, Todd Woodbridge and Kerri Pottharst.

Olympians Lauren Jackson, Andrew Gaze, Tamsyn Lewis, Dave Culbert, Kate Bates, Loudy Wiggins and Vicki Roycroft also headline Seven's coverage.

In addition to Seven's distinguished commentary team, Seven will be drawing on the best international commentators in the world via the BBC and Olympic Broadcasting Service.

CHANNEL 7 HOSTS

Hamish McLachlan

IN RIO TODAY

Hamish has extensive hosting, broadcasting and athlete management experience in sports including AFL, Olympic Games, tennis and racing. Hamish will be hosting In Rio Today each night from 7pm throughout the Rio 2016 Olympic Games.

Mel McLaughlin @Mel_Mclaughlin

RIO 2016 LATE NIGHT - LIVE

Mel has covered many major sporting events on the world stage including the Olympic Winter Games, FIFA World Cup and Glasgow 2014 Commonwealth Games. Mel will be hosting Seven's Rio 2016 Olympic Games coverage each evening as plenty of live sporting action is unfolding.

Todd Woodbridge @toddwoodbridge

RIO 2016 OVERNIGHT - LIVE

Todd was a gold medallist at the Atlanta 1996 Olympic Games, in addition to a highly distinguished tennis career. Todd has successfully hosted Seven's Wimbledon coverage in recent years and will be hosting live overnight coverage of the Rio 2016 Olympic Games.

Jim Wilson @JimWilsonTV

RIO 2016 DAY - LIVE

This will be Jim's sixth Olympic Games either reporting or commentating. This time he'll step into the hosting chair each morning as some of Rio's biggest gold medal moments are decided with athletics and swimming finals contested.

Kylie Gillies @kyliegillies

RIO 2016 HIGHLIGHTS

Kylie has a long history of sports reporting and presenting across Seven's Olympic Games and Australian Open tennis coverage, as well as sports magazine programming. Every afternoon Kylie will steer viewers through all of the highlights from the day's events at Rio 2016.

COMMENTATORS, REPORTERS AND 7TWO/7mate HOSTS

Aaron Noonan @aaronnoonan

Aaron is a motorsport industry veteran in a wide range of roles within Australian media. Aaron will be hosting on 7TWO and 7mate throughout the Rio 2016 Olympic Games.

Amanda Abate @AmandaAbate

Amanda has over 10 years' experience in broadcast news and has worked as Seven's LA correspondent as well as in Sydney and Brisbane. Amanda will be will be Seven's Olympic Update host.

Andrew Gaze @AndrewGaze10

Andrew led the Australian national basketball team, the Boomers, to five Olympic Games and was also the Australian flag bearer at the opening ceremony of the Sydney 2000 Olympic Games. He'll provide expert commentary at the basketball in Rio 2016.

Basil Zempilas @BasilZempilas

Basil has been a commentator with Seven's Olympic Games coverage since 2000, including his famous call of Australia's first Winter Olympic gold medal when Steven Bradbury won the men's 1000m short-track speed skating event in Salt Lake City in 2002. Basil will lead the call of all the swimming at Rio's Olympic Aquatics Stadium.

Bill Woods @bmrwoods

Bill has enjoyed a long and distinguished sports journalism career across TV and radio dating back to the early 1980s. He has covered Olympic Games and Commonwealth Games as either host or news anchor along with a wide range of other sports. He'll be commentating on the water polo during the Rio 2016 Olympic Games.

Brenton Speed @Brenton Speed

Brenton is one of Australia's most versatile sport commentators having called athletics, rowing, football and swimming and will join Drew Ginn to call rowing in Rio.

Bruce McAvaney

His depth and breadth of knowledge of the Olympic Games is unrivalled in Australia and Bruce returns for his 10th Olympic Games coverage to call all the athletics from Maracanã Stadium as well as the Opening Ceremony.

Dave Culbert @Culbert_Report

Dave is a long jump finalist at the Barcelona 1992 Olympic Games and two-time silver medallist at the Commonwealth Games. Dave has established himself as a well renowned Olympics Games broadcaster and will provide expert athletics commentary, along with calling the canoe and kayak events.

David Christison @Christo1953

David has commentated on hockey at the past six Olympic Games and will step into the chair again in Rio to call all the men's and women's hockey action.

Debbie Watson

Debbie is one of the best women's water polo players to have graced the pool for Australia. She's the only Australian female water polo player to have won gold at World Cup, World Championship and Olympic level. She'll provide expert commentary on our water polo teams as they vie for gold.

Drew Ginn @drewginn

Leading Seven's rowing coverage in Rio will be triple Olympic gold medallist and five-time world champion rower Drew Ginn. His gold medals came at three different Olympic Games: Atlanta 1996, Athens 2004 and Beijing 2008. Drew will also provide commentary on the canoe sprint.

Edwina Bartholomew @edwina b

Edwina worked on the Beijing 2008 Olympic Games for Seven and will be in Rio 2016 for Sunrise reporting on all elements of the Games as well as life in Rio. She will also co-host the best of the Opening Ceremony with Mark Beretta.

Geoff Masters @geoffmast

Geoff has an impressive tennis playing record having won the doubles at Wimbledon, Australian Open and the US Open. A regular member of Seven's summer of tennis commentary, Geoff will be on board to provide expert commentary during the tennis.

Giaan Rooney @GiaanRooney

Giaan is a gold medallist at the Athens 2004 Olympic Games, two-time silver medallist at the Sydney 2000 Olympic Games and also a former captain of Australia's swim team. Giaan will provide expert commentary at the swimming in Rio.

Jason Richardson @JaseRicho

Jason is a Stawell Gift winner who has carved out a growing broadcasting career with Seven and radio. He will be hosting on 7TWO and 7mate throughout the Rio 2016 Olympic Games.

Johanna Griggs @JohGriggs7

Johanna represented Australia in swimming at the Auckland Commonwealth Games in 1990, winning bronze in the 100m backstroke. Since then she has become one of Australia's most popular television personalities broadcasting from a range of sports, including tennis and horse racing, along with hosting top-rating programs Better Homes and Gardens and House Rules. Johanna will be bringing viewers all the colour, fun and characters from the Rio 2016 Olympic Games.

John Casey @JohnCasey2880

John has been around Olympic venues most of his sporting life. A former Channel Seven employee, John's Olympic history goes back to Sydney 2000 where he worked as a commentator across a number of sports. Basketball is his true love and together with Andrew Gaze they will call all the great action.

Kate Bates

Kate is a highly decorated international cyclist, Olympian and world champion. Since her retirement in 2011 she has forged a strong broadcasting career and will use her passion and knowledge to commentate on the cycling at Rio.

Kerri Pottharst @kerripottharst

Kerri is Australia's most decorated indoor and beach volleyball player, having represented her country for almost 22 years, including a gold medal at the Sydney 200 Olympic Games. Kerri will report on the beach volleyball at Rio 2016.

Lauren Jackson @laurenej15

Lauren spearheaded Australia's basketball team at four Olympic Games from Sydney to London, where she collected three silver medals and a bronze. In Rio, she'll join fellow Australian legend Andrew Gaze to provide expert basketball commentary.

Loudy Wiggins @loudywiggins

Loudy is a two-time Olympic diving bronze medallist, claiming the accolades in the 10m synchronised platform at the Sydney 2000 Olympic Games and the 10m platform in Athens. Loudy will deliver expert commentary at the diving in Rio.

Mark Beretta @MarkBeretta

In his sixth summer Olympic Games, Sunrise sports presenter Mark will keep breakfast television viewers up-to-date with the latest Games news and co-host the best of the Opening Ceremony with Edwina Bartholomew.

Mark Braybrook @MarkBraybrook

Mark has called an impressive list of sporting events including a rugby league grand final, rugby union international, AFL grand final and soccer international. He'll be on deck to call for Seven's Rio 2016 coverage.

Mark Readings @MarkReadings7

Mark is a sports journalist and AFL commentator who will perform a range of 7TWO and 7mate hosting, as well as commentary duties.

Martin Gostelow

Martin has been a decorated showjumping champion in Australian equestrian. He is now renowned as one of Australia's best coaches based at Somersby Equestrian Park. His knowledge of our riders and the sport will ensure viewers are kept informed on the intricacies of equestrian.

Michael Zappone @Michael Zappone

Michael has been a host, commentator and boundary rider for football coverage in Australia, as well as radio work that dates back over 20 years. As well as some football commentary duties for the Rio 2016 Olympic Games, Michael will also host coverage on 7TWO and 7mate.

Mike McCann

Mike is a veteran sports broadcaster with an extensive and distinguished career in sports media including commentary on eight Olympic Games. At Rio 2016, Mike will call all the diving action.

Nathan Templeton @nathantemp7

With over 10 years sports broadcast and print reporting from events such as the Australian Open tennis, the Ashes in the UK and the World Swimming Championships in Russia, Nathan was the poolside interviewer at the Australian Swimming Championships and will also be poolside in Rio.

Neil Kearney @LongfordNeil

Neil is a champion spinner of yarns at the Olympic Games, Commonwealth Games, the Melbourne Cup Carnival, the Australian Open tennis and almost every other sporting event Australians hold dear. He'll be reporting on all of the colour and characters at Rio 2016.

Pat Welsh

Pat will be heading to his sixth summer Olympic Games at Rio and 10th overall, including Winter Olympic Games. He will be trackside at the athletics interviewing all the big stars.

Phil Liggett @PhilLiggett

Phil is the global doyen of cycling commentary. He has covered 14 Olympic Games and 43 Tours de France and will be in Rio to lead Seven's cycling coverage.

Rechelle Hawkes

Rechelle is the only three-time Olympic hockey gold medallist to win the ultimate prize at the Seoul, Atlanta and Sydney Olympic Games. She was the captain of the Australian women's hockey team, the Hockeyroos, and will provide expert commentary at the hockey in Rio.

Russell Mark @RussellMarkGold

Russell is an Olympic gold medallist having won the double trap shooting in Atlanta 1996, along with silver in Sydney. Russell will deliver expert commentary on the shooting in this year's coverage helping viewers to understand the intellectual and psychological skill required in the sport.

Ryan Phelan @ryanphelan_tv

Ryan has been a highly respected sports journalist for over 20 years covering a wide range of sports. Ryan has hosted Seven's horse racing, rugby league World Cup among a long list of high profile sports and will be Seven's Olympic Update host.

Scott McGrory @ScottMcGrory

Scott was an outstanding Australian cyclist winning gold in the Madison at the Sydney 2000 Olympic Games. He will join Phil Liggett in cycling commentary at Rio.

Steve Hooker @stevehooker

Steve won pole vault gold at the Beijing 2008 Olympic Games setting a new Olympic record of 5.96 metres. He'll join Bruce McAvaney for expert commentary at the athletics.

Tamsyn Lewis @tamsynlewis

Tamsyn is a three-time Commonwealth Games gold medallist, and a winner of 17 Australian Championships at 400m, 800m and 400m hurdles. Tamsyn will join Bruce McAvaney for expert commentary at the athletics.

Tom Williams @tomwilliams70

Tom covered Torino 2006 and Beijing 2008 for Seven and will put co-hosting duties at The Daily Edition on hold to head to Brazil to report on all the colour and characters of Rio 2016.

Vicki Roycroft

Vicki has been a member of three Olympic and three World Championship equestrian teams representing Australia. She has been an Australian champion three times and will provide expert commentary on the equestrian in Rio.

Seven's Rio 2016 Daily Programme Summary

SNAPSHOT OF DAILY SCHEDULE August 6-22, 2016

| AEST | CHANNEL | DESCRIPTION | |
|--|-----------|--|--|
| 0000-0530 | Channel 7 | RIO 2016 OVERNIGHT - LIVE: Overnight action from the Games of the XXXI Olympiad, hosted by Mel McLaughlin and Todd Woodbridge. | |
| 0000-0600 | 7TWO | RIO 2016 OVERNIGHT - LIVE: Live Olympic action from Rio de Janeiro featuring | |
| 0000-0600 | 7mate | Australian athletes and gold medal events across the channels of Seven. | |
| 0530-0900 (Mon-Fri) | Channel 7 | SUNRISE: Australia's only breakfast television show with live coverage of Olympic Games events as they happen and all the big medal wins. Plus, your full wrap up of the Olympic action while you were sleeping and when Aussies strike gold, their first stop for post-competition interviews in the morning will be SUNRISE. Mark Beretta and Edwina Bartholomew are onground in Rio, while Samantha Armytage, David Koch and Natalie Barr are joined in the studio by relatives of our Olympians and a panel of experts including Leisel Jones, Eamon Sullivan, Lisa Curry, Melinda Gainsford-Taylor, Jana Pittman and Robbie McEwen. | |
| 0600-0900 | 7TWO | RIO 2016 MORNING - LIVE: Live Olympic action from Rio de Janeiro featuring | |
| 0600-0900 | 7mate | Australian athletes and gold medal events across the channels of Seven. | |
| 0900-1400 (Mon-Fri) 0530-1400 (Sat-Sun) | Channel 7 | RIO 2016 DAY - LIVE: Live competition from the Games of the XXXI Olympiad in Rio de Janeiro, Brazil, including swimming and athletics finals. Hosted by Jim Wilson. | |
| 0900-1200 | 7TWO | RIO 2016 DAY - LIVE: Live Olympic action from Rio de Janeiro featuring Australian | |
| 0900-1200 | 7mate | athletes and gold medal events across the channels of Seven. | |
| 1400-1700 (Mon-Fri) 1400-1800 (Sat-Sun) | Channel 7 | RIO 2016 HIGHLIGHTS: Host Kylie Gillies recaps each day of Olympic competition including plenty of Australians and gold medal moments. | |
| 1700-1800 (Mon-Fri) | Channel 7 | THE CHASE AUSTRALIA: Host Andrew O'Keefe brings you Australia's biggest general knowledge game show. | |
| 1800-1900 | Channel 7 | SEVEN NEWS: Live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates and all the latest from the Olympic Games. | |
| 1900-2100 | Channel 7 | IN RIO TODAY: Host Hamish McLachlan shares all the golden moments and Australian performances each day of the Rio 2016 Olympic Games - every Aussie medal, every reaction, every unmissable moment. | |
| 1930-2130 | 7TWO | RIO 2016 HIGHLIGHTS: Relive some of the best events from the Games of the XXXI | |
| 1930-2200 | 7mate | Olympiad in Rio de Janeiro. | |
| 2100-2230 | Channel 7 | RIO 2016 EVENING: Host Hamish McLachlan gears up for a day of Olympic action. 10,500 athletes are chasing 306 gold medals across the 16 days of competition in Rio de Janeiro. Includes some live action. | |
| 2230-2400 | Channel 7 | RIO 2016 LATE NIGHT - LIVE: As Rio wakes up, Olympic competition kicks straight into gear. Who will be crowned an Olympic champion today? Hosted by Mel McLaughlin. | |
| 2130-0000 | 7TWO | RIO 2016 LATE NIGHT - LIVE: Live Olympic action from the Games of the XXXI | |
| 2200-0000 | 7mate | Olympiad in Rio de Janeiro featuring Australian athletes and gold medal events acre the channels of Seven. | |

^{*} Times will vary slightly each day

** Check EPG/program guides for daily event and medal highlights

*** August 22 features final medal events and the Closing Ceremony (AM), followed by non-Olympic programming (PM)

Seven's Rio 2016 Daily Event Highlights

The details which follow are current as at July 22, 2016.

They are subject to changes beyond that date. Please check EPG/local guides and watch the Channels of 7 during our coverage for event updates and pointers.

In the Highlights column, we have occasionally indicated the athletes/teams who are *likely* to make finals, however this is subject to their qualifying events.

The following schedule does not incorporate any AFL matches on any day and all times are AEST – please check local guides for AFL information.

THURSDAY, AUGUST 4

KEY STAT: Women's football first round preliminaries commence

AUS MEDAL WATCH:

BIG NAMES & TEAMS: Matildas

| AEST | Channel 7 | 7TWO | 7mate | HIGHLIGHTS |
|-----------|-----------|------|---------------|--|
| 0150-1300 | | | RIO 2016 LIVE | 4am Women's Football |
| | | | | Australia vs Canada |
| | | | | Women's Football - Brazil vs |
| | | | | China, Sweden vs South Africa, |
| | | | | Zimbabwe vs Germany, USA vs |
| | | | | New Zealand, France vs |
| | | | | Colombia |

FRIDAY, AUGUST 5

KEY STAT: Men's football first round preliminaries commence

AUS MEDAL WATCH:

BIG NAMES & TEAMS:

| AEST | Channel 7 | 7TWO | 7mate | HIGHLIGHTS |
|-----------|-----------|------|---------------|--|
| 0150-1500 | | | RIO 2016 LIVE | Men's Football - Iraq vs |
| | | | | Denmark, Brazil vs South Africa, |
| | | | | Honduras vs Algeria, Fiji vs |
| | | | | Korea, Sweden vs Colombia, |
| | | | | Nigeria vs Japan, Portugal vs |
| | | | | Argentina, Mexico vs Germany |

SATURDAY, AUGUST 6

KEY STAT: Cancel your weekend! The Opening Ceremony comes to life and then live action begins with a scenic tour around Rio for the men's cycling road race.

AUS MEDAL WATCH: The Australians in the men's road race

BIG NAMES & TEAMS: Kim Brennan (nee Crow) (rowing), Rohan Dennis (cycling), Richie Porte (cycling), Shane Rose (equestrian), Stuart Tinney (equestrian)

| AEST | Channel 7 | 7TWO | 7mate | HIGHLIGHTS |
|------------|--|-------------------------------|-------------------------------|--|
| 0600-0900 | OPENING CEREMONY PREVIEW SHOW | | | Presented by Johanna Griggs and Basil Zempilas |
| 0900-1330 | OPENING CEREMONY & REVIEW | | | Presented by Johanna Griggs and Basil Zempilas, with Bruce McAvaney and Andrew Gaze |
| 1800-1900 | SEVEN NEWS | | | |
| 1900-2130 | OPENING CEREMONY ENCORE | | | |
| 2130-0000* | RIO 2016 LIVE | RIO 2016 LIVE (*from 2115) | RIO 2016 LIVE (*from 2215) | 9:30pm Rowing including six of the Australian crews and Kim Brennan 10:30pm Men's cycling road race including Rohan Dennis, Richie Porte 11pm Equestrian Eventing (dressage) |

SUNDAY, AUGUST 7

KEY STAT: Seven Australian teams in action

AUS MEDAL WATCH: Australia's defending Olympic champions in the women's 4x100m freestyle

BIG NAMES & TEAMS: Cate and Bronte Campbell (swimming), Mack Horton (swimming), Boomers (men's basketball), Opals (women's basketball), Kookaburras (men's hockey), Matildas (women's football), Sharks (men's water polo), World No. 1 Hockeyroos (women's hockey) and our World No. 1 women's rugby sevens side chasing history

| AEST | Channel 7 | 7TWO | 7mate | HIGHLIGHTS |
|--------------------------------|---|--|---|---|
| AEST 0000-0530 0530-0900 | Channel 7 RIO 2016 OVERNIGHT - LIVE RIO 2016 MORNING - | 7TWO RIO 2016 OVERNIGHT - LIVE RIO 2016 MORNING - | 7mate RIO 2016 OVERNIGHT - LIVE RIO 2016 MORNING - | HIGHLIGHTS Rowing & men's road race continue 2:00am Swimming including women's 4x100m freestyle 2:30am Men's Hockey Australia vs NZ 2:30am Women's Rugby Sevens Australia vs Colombia 3:15am Men's Basketball Australia vs France 6:30am Women's Basketball Australia vs Brazil |
| 0000 4400 | LIVE | LIVE | LIVE | 7:00am Women's Football Australia vs Germany 7:30am Women's Rugby Sevens Australia vs Fiji |
| 0900-1400* | RIO 2016 DAY - LIVE | RIO 2016 DAY - LIVE (*until 1200) | RIO 2016 DAY - LIVE (*until 1200) | 9:30am Women's Hockey Australia vs Great Britain 9:50am Men's Water Polo Australia vs Brazil 11:00am Swimming finals including the Australian women's 4x100m freestyle relay team out to defend its Olympic crown (Campbell sisters), men's 400m freestyle final (Mack Horton) and men's and women's 400m IM finals |
| 1400 -1730 | RIO 2016 HIGHLIGHTS | | | |
| 1800-1900 | SEVEN NEWS | | | |
| 1900-2100* | IN RIO TODAY | RIO 2016 HIGHLIGHTS (*1930-2130) | RIO 2016 HIGHLIGHTS (*1930-2200) | |
| 2100-2230 | RIO 2016 EVENING - LIVE | RIO 2016 EVENING - LIVE | RIO 2016 EVENING - LIVE | 9:30pm Rowing 10:45pm Women's artistic gymnastics with Australian |
| 2230-0000 | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | Larrissa Miller11:00pm Equestrian eventing (dressage) |

MONDAY, AUGUST 8

KEY STAT: World No.1 women's rugby sevens race towards finals, world champions Mitch Larkin and Emily Seebohm hit the pool, Australia's 4x100m freestyle men out for revenge, the arrival of world record holding teen Katie Ledecky (USA) and the cross country stage of equestrian – eventing.

AUS MEDAL WATCH: Men's 4x100m freestyle

BIG NAMES & TEAMS: James Magnussen and Aussie 4x100m freestyle relay (swimming), Emily Seebohm (swimming), Mitch Larkin (swimming), Opals (women's basketball), Kookaburras (men's hockey), World No.1 women's rugby sevens

| AEST | Channel 7 | 7TWO | 7mate | HIGHLIGHTS |
|------------|-------------------------------|---|---|---|
| 0000-0530 | RIO 2016 | RIO 2016 | RIO 2016 | Rowing & gymnastics continue |
| 0000-0550 | OVERNIGHT - LIVE | OVERNIGHT - LIVE | OVERNIGHT - LIVE | 1:15am Women's road cycling 2:00am Swimming including Mitch Larkin, Emily Seebohm, Cameron McEvoy 2:30am Women's rugby sevens Australia vs USA |
| 0530-0900 | SUNRISE | RIO 2016 MORNING - LIVE | RIO 2016 MORNING - LIVE | 5:00am Diving women's synchro final 6:00am Women's rugby sevens quarterfinals 6:30am Women's basketball Australia vs Turkey |
| 0900-1400* | RIO 2016 DAY - LIVE | RIO 2016 DAY - LIVE (*until 1200) | RIO 2016 DAY - LIVE (*until 1200) | 9:30am Men's hockey Australia vs Spain 11:00am Swimming finals including men's 4x100m freestyle, women's 100m butterfly, and semifinals with big names Mitch Larkin, Emily Seebohm, Madi Wilson |
| 1400-1700 | RIO 2016 HIGHLIGHTS | | | |
| 1700-1800 | THE CHASE AUSTRALIA | | | |
| 1800-1900 | SEVEN NEWS | | | |
| 1900-2100* | IN RIO TODAY | RIO 2016 HIGHLIGHTS (*1930-2130) | RIO 2016 HIGHLIGHTS (*1930-2200) | |
| 2100-2230 | RIO 2016 EVENING - LIVE | RIO 2016 EVENING - LIVE | RIO 2016 EVENING - LIVE | 11:00pm Women's hockey Australia vs USA 11:00pm Equestrian eventing |
| 2230-0000 | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | (cross country) |

TUESDAY, AUGUST 9

KEY STAT: Rugby sevens gold and a gold rush at the pool - could be our biggest day yet! Good day to take a sickie...

AUS MEDAL WATCH: MASSIVE GOLD MEDAL DAY - women's rugby sevens, men's and women's 100m backstroke, men's 200m freestyle, equestrian - eventing team final

BIG NAMES & TEAMS: Jess Fox (canoe slalom), Emily Seebohm (swimming), Madison Wilson (swimming), Mitch Larkin (swimming), Thomas Fraser-Holmes (swimming), women's rugby sevens go for gold, Boomers (basketball)

| AEST | CHANNEL 7 | 7TWO | 7mate | HIGHLIGHTS |
|------------|---------------------------------|---|---|--|
| 0000-0530 | RIO 2016 OVERNIGHT - LIVE | RIO 2016 OVERNIGHT - LIVE | RIO 2016 OVERNIGHT - LIVE | Equestrian & hockey continue 1:30am Canoe slalom – women's K1 (Jess Fox) 2:00am Swimming including Michael Phelps 2:00am Men's water polo Australia vs Hungary 3:15am Men's basketball Australia vs Serbia |
| 0530-0900 | SUNRISE | RIO 2016 MORNING - LIVE | RIO 2016 MORNING - LIVE | 5:00am Men's gymnastics team final 7:30am Women's rugby sevens finals |
| 0900-1400* | RIO 2016 DAY - LIVE | RIO 2016 DAY - LIVE (*until 1200) | RIO 2016 DAY - LIVE (*until 1200) | 11:00am Swimming finals including 100m backstroke (Emily Seebohm/Madi Wilson), 100m backstroke (Mitch Larkin), 200m freestyle (Thomas Fraser-Holmes), 100m breaststroke |
| 1400-1700 | RIO 2016 HIGHLIGHTS | | | |
| 1700-1800 | THE CHASE AUSTRALIA | | | |
| 1800-1900 | SEVEN NEWS | | | |
| 1900-2100* | IN RIO TODAY | RIO 2016 HIGHLIGHTS (*1930-2130) | RIO 2016 HIGHLIGHTS (*1930-2200) | |
| 2100-2230 | RIO 2016 EVENING - LIVE | RIO 2016 EVENING - LIVE | RIO 2016 EVENING - LIVE | 9:30pm Rowing quarterfinals including single sculls (Kim Brennan) |
| 2230-0000 | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | 11:00pm Equestrian eventing team jumping final Midnight Men's Rugby Sevens begins with Australia vs France |

WEDNESDAY, AUGUST 10

KEY STAT: Michael Phelps tries to add to the world's best medal tally, the Matildas try to reach the quarterfinals and close encounters for the Opals (vs France) and Kookaburras (vs Belgium).

AUS MEDAL WATCH: Equestrian - individual eventing final, women's 200m freestyle, Rohan Dennis in the men's road cycling time trial

BIG NAMES & TEAMS: Michael Phelps (USA swimming), Cameron McEvoy (swimming), Alicia Coutts (swimming), Emma McKeon (swimming), Bronte Barratt (swimming), Matildas (women's football), Sonny Bill Williams (NZL rugby sevens)

| AEST | CHANNEL 7 | 7TWO | 7mate | HIGHLIGHTS |
|------------|---------------------------------|---|---|---|
| 0000-0530 | RIO 2016 OVERNIGHT - LIVE | RIO 2016 OVERNIGHT - LIVE | RIO 2016 OVERNIGHT - LIVE | Equestrian, rowing and rugby continue 1:15am Women's basketball Australia vs France 2:00am swimming including 100m freestyle Cameron McEvoy, Kyle Chalmers 2:00am Women's water polo Australia vs Russia 3:00am Equestrian eventing individual jumping final |
| 0530-0900 | SUNRISE | RIO 2016 MORNING - LIVE | RIO 2016 MORNING - LIVE | 5:00am Women's football Australia vs Zimbabwe 5:00am Men's rugby sevens Australia vs Spain |
| 0900-1400* | RIO 2016 DAY - LIVE | RIO 2016 DAY - LIVE (*until 1200) | RIO 2016 DAY - LIVE (*until 1200) | 9:30am Men's hockey Australia vs Belgium 11:00am Swimming finals including finals in men's 200m butterfly (Michael Phelps), women's 200m IM (Alicia Coutts), women's 200m freestyle (Emma McKeon/Bronte Barratt), men's 4x200m and men's 100m freestyle semifinal (Cameron McEvoy/Kyle Chalmers) |
| 1400-1700 | RIO 2016 HIGHLIGHTS | | | , |
| 1700-1800 | THE CHASE AUSTRALIA | | | |
| 1800-1900 | SEVEN NEWS | | | |
| 1900-2100* | IN RIO TODAY | RIO 2016 HIGHLIGHTS (*1930-2130) | RIO 2016 HIGHLIGHTS (*1930-2200) | |
| 2100-2230 | RIO 2016 EVENING - LIVE | RIO 2016 EVENING - LIVE | RIO 2016 EVENING - LIVE | 9:30pm Rowing finals including men's & women's quad sculls 10:00pm Men's water polo |
| 2230-0000 | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | Australia vs Japan 11:00pm Men's cycling time trial Midnight women's hockey Australia vs India |

THURSDAY, AUGUST 11

KEY STAT: BLOCKBUSTER BASKETBALL AUS v USA!, plus Cameron McEvoy in the men's 100m freestyle final and golf's much discussed return to the Olympic stage.

AUS MEDAL WATCH: Men's quad scull rowing, men's 100m freestyle and other swimming chances

BIG NAMES & TEAMS: Boomers (basketball), Cameron McEvoy (swimming), Cate and Bronte Campbell (swimming)

| AEST | CHANNEL 7 | 7TWO | 7mate | HIGHLIGHTS |
|------------|---------------------------------|---|---|---|
| 0000-0530 | RIO 2016 OVERNIGHT - LIVE | RIO 2016 OVERNIGHT - LIVE | RIO 2016 OVERNIGHT - LIVE | Rowing, cycling and hockey continue 00:30 Men's rugby sevens Australia vs South Africa 2:00am Swimming including Cate and Bronte Campbell, Mitch Larkin 4:00am Shooting - men's double trap |
| 0530-0900 | SUNRISE | RIO 2016 MORNING - LIVE | RIO 2016 MORNING - LIVE | 6:00am Men's rugby sevens quarterfinals 8:00am Men's basketball Australia vs USA |
| 0900-1400* | RIO 2016 DAY - LIVE | RIO 2016 DAY - LIVE (*until 1200) | RIO 2016 DAY - LIVE (*until 1200) | 9:30am Men's hockey Australia vs Great Britain 11:00am Swimming finals including men's 100m freestyle final (Cameron McEvoy), women's 4x200m freestyle relay and 100m freestyle semifinals (Campbells) |
| 1400-1700 | RIO 2016 HIGHLIGHTS | | | |
| 1700-1800 | THE CHASE AUSTRALIA | | | |
| 1800-1900 | SEVEN NEWS | | | |
| 1900-2100* | IN RIO TODAY | RIO 2016 HIGHLIGHTS (*1930-2130) | RIO 2016 HIGHLIGHTS (*1930-2030) | |
| 2100-2230 | RIO 2016 EVENING - LIVE | RIO 2016 EVENING - LIVE | RIO 2016 EVENING - LIVE | 8:30pm Men's golf 1st round 9:30pm Rowing finals 11:20pm Women's water polo |
| 2230-0000 | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | Italy vs Australia |

FRIDAY, AUGUST 12

KEY STAT: Track cycling and athletics begin, can the Campbell sisters deliver the fairytale? Jess Fox rises on Ladies Day, Fiji chases its first ever Olympic medal and the men's four rowing hunt gold.

AUS MEDAL WATCH: Campbell sisters, Jess Fox, Mitch Larkin and the men's four hunt gold in rowing

BIG NAMES & TEAMS: Sonny Bill Williams (NZL rugby sevens), Cate and Bronte Campbell (swimming), Jess Fox (canoe slalom), Mitch Larkin (swimming), men's team pursuit (track cycling)

| AEST | CHANNEL 7 | 7TWO | 7mate | HIGHLIGHTS |
|------------|---------------------------------|---|---|---|
| 0000-0530 | RIO 2016 OVERNIGHT - LIVE | RIO 2016 OVERNIGHT - LIVE | RIO 2016 OVERNIGHT - LIVE | 1:30am Canoe slalom – women's K1 semifinal (Jess Fox) 2:00am Swimming including Cameron McEvoy, Emily Seebohm, Michael Phelps 4:00am Canoe slalom – women's K1final (Jess Fox) |
| 0530-0900 | SUNRISE | RIO 2016 MORNING - LIVE | RIO 2016 MORNING - LIVE | 5:00am Track cycling begins with men's and women's team pursuit, and the first medal - men's team sprint 6:45am Women's basketball Australia vs Japan 7:00am Women's hockey Australia vs Argentina 7:30am Men's rugby sevens finals - watch for Fiji chasing first medal |
| 0900-1400* | RIO 2016 DAY - LIVE | RIO 2016 DAY - LIVE (*until 1200) | RIO 2016 DAY - LIVE (*until 1200) | 11:00am Swimming finals including 100m freestyle final (Campbell sisters), 200m backstroke (Mitch Larkin), 200m IM (Michael Phelps) and 50m freestyle semi (Cameron McEvoy) |
| 1400-1700 | RIO 2016 HIGHLIGHTS | | | |
| 1700-1800 | THE CHASE AUSTRALIA | | | |
| 1800-1900 | SEVEN NEWS | | | |
| 1900-2100* | IN RIO TODAY | RIO 2016 HIGHLIGHTS (*1930-2030) | | |
| 2100-2230 | RIO 2016 EVENING - LIVE | RIO 2016 EVENING - LIVE | | 8:30pm Men's golf9:30pm Rowing finals including men's four |
| 2230-0000 | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | 10:30pm Athletics begins including the first gold medal - women's 10,000m - plus men's discus, men's 800m Midnight Shooting men's 50m rifle prone (Warren Potent) |

SATURDAY, AUGUST 13

KEY STAT: One of the great weekends of the Games with swimming, athletics and cycling overlapping. See Bolt, Meares and the Campbells in one day - a Matildas quarterfinal would top it off!

AUS MEDAL WATCH: Men's team pursuit gold favourites and women's team sprint (Anna Meares/Steph Morton); Emily Seebohm spearheads three big medal chances at the pool, plus Kim Brennan (nee Crow) at the rowing and Jared Tallent in the 20km walk

BIG NAMES & TEAMS: Usain Bolt (JAM athletics), Anna Meares (track cycling), Cate and Bronte Campbell (swimming), Emily Seebohm (swimming), Cameron McEvoy (swimming), men's team pursuit (track cycling), Jared Tallent (race walker), Kim Brennan (nee Crow) (rowing)

| AEST | CHANNEL 7 | 7TWO | 7mate | HIGHLIGHTS |
|------------|--------------------------|-----------------------------|---------------|--|
| 0000-0530 | RIO 2016 | RIO 2016 | RIO 2016 | Athletics, shooting, golf continue |
| | OVERNIGHT - | OVERNIGHT - | OVERNIGHT - | 2:00am Swimming including |
| | LIVE | LIVE | LIVE | women's 50m freestyle (Campbells), men's 1500m |
| | | | | freestyle (Mack Horton) |
| | | | | 3:15am Men's basketball |
| | | | | Australia vs China |
| | | | | 3:30am Men's race walk (20km) |
| | | | | (Jared Tallent) |
| | | | | TBC Women's football quarterfinals |
| 0530-0900 | RIO 2016 | RIO 2016 | RIO 2016 | 5:00am Track cycling including |
| 0000 0000 | MORNING - | MORNING - | MORNING - | women's team sprint finals |
| | LIVE | LIVE | LIVE | (Meares/Morton), men's team |
| | | | | pursuit final |
| 0900-1400* | RIO 2016 | RIO 2016 | RIO 2016 | 9:20am Athletics including |
| | DAY - LIVE | DAY - LIVE (*until 1200) | DAY - LIVE | men's long jump (Fabrice |
| | | (*until 1200) | (*until 1200) | Lapierre/Henry Frayne) • 9:30am Men's hockey Australia |
| | | | | vs Brazil |
| | | | | 11:00am Swimming finals |
| | | | | including men's 50m freestyle |
| | | | | (Cameron McEvoy), women's |
| | | | | 200m backstroke (Emily |
| | | | | Seebohm/Belinda Hocking), men's 100m butterfly (Michael |
| | | | | Phelps - final individual race), |
| | | | | women's 800m (Jessica |
| | | | | Ashwood, Katie Ledecky) plus |
| | | | | the women's 50m freestyle |
| | | | | semifinal (Campbells) 11:10am Men's water polo |
| | | | | Australia vs Serbia |
| 1400-1730 | RIO 2016 | | | 7 (40-1) 411-411-411-411-411-411-411-411-411-411 |
| 1800-1900 | HIGHLIGHTS SEVEN NEWS | | | |
| 1000-1900 | SEVEN NEVVS | | | |
| 1900-2100* | IN RIO TODAY | RIO 2016 | | |
| | | HIGHLIGHTS | | |
| 2100-2230 | RIO 2016 | (*1930-2030) RIO 2016 | | 8:30pm Men's golf |
| 2100-2230 | EVENING - | EVENING - | | 10:30pm Athletics including |
| | LIVE | LIVE | | men's 100m (Josh Clarke, Usain |
| 2230-0000 | RIO 2016 LATE | RIO 2016 LATE | RIO 2016 LATE | Bolt), women's 400m, women's |
| | NIGHT - LIVE | NIGHT - LIVE | NIGHT - LIVE | 3000m steeplechase, men's |
| | | | | discus final10:30pm Rowing finals including |
| | | | | 10:30pm Rowing finals including women's single sculls (Kim |
| | | | | Brennan), men's and women's |
| | | | | eight |
| | | | | 11:00pm Track cycling including |
| | | | | keirin (Meares), women's team |
| | | | | pursuit, men's sprint (Glaetzer) |

SUNDAY, AUGUST 14

KEY STAT: SUPER SUNDAY - massive medal chances for Australia across the board! From the Campbells' splash and dash 50m freestyle, Mack Horton in Australia's favourite race (1500m freestyle), the scenic women's marathon and women's 100m final to the dramatic men's long jump final, track queen Anna Meares and equestrian royalty Edwina Tops-Alexander - it's the biggest day of the Games and there's something for everyone!

AUS MEDAL WATCH: Women's team pursuit, Anna Meares (keirin), Fabrice Lapierre (long jump), Cate and Bronte Campbell (50m freestyle), Mack Horton (1500m freestyle), men's and women's 4x100m medley

BIG NAMES & TEAMS: Anna Meares (track cycling), Fabrice Lapierre (long jump), Cate and Bronte Campbell (swimming), Mack Horton (swimming), Cameron McEvoy (swimming), Edwina Tops-Alexander (equestrian)

| AEST | CHANNEL 7 | 7TWO | 7mate | HIGHLIGHTS |
|------------|---------------------------------|---|---|---|
| 0000-0530 | RIO 2016 OVERNIGHT - LIVE | RIO 2016 OVERNIGHT - LIVE | RIO 2016 OVERNIGHT - LIVE | Athletics, track cycling, rowing, golf continue 00:40 Women's water polo Australia vs Brazil 1:00am Tennis women's singles final 1:15am Women's basketball Australia vs Belarus |
| 0530-0900 | RIO 2016 MORNING - LIVE | RIO 2016 MORNING - LIVE | RIO 2016 MORNING - LIVE | 5:00am Track cycling finals including women's team pursuit and keirin finals (Anna Meares) 8:30am Women's hockey Australia vs Japan |
| 0900-1400* | RIO 2016 DAY - LIVE | RIO 2016 DAY - LIVE (*until 1200) | RIO 2016 DAY - LIVE (*until 1200) | 9:00am Athletics finals including men's long jump final (Fabrice Lapierre), women's 100m, men's 10,000m 11:00 Swimming final session including women's 50m freestyle (Campbells), men's 1500m freestyle (Mack Horton), 4x100m medley relays |
| 1400-1730 | RIO 2016 HIGHLIGHTS | | | • |
| 1800-1900 | SEVEN NEWS | | | |
| 1900-2100* | IN RIO TODAY | RIO 2016 HIGHLIGHTS (*1930-2000) | RIO 2016 HIGHLIGHTS (*1930-2200) | |
| 2100-2230 | RIO 2016 EVENING - LIVE | RIO 2016 EVENING - LIVE | RIO 2016 EVENING - LIVE | 8:00pm Men's golf final day 10:30pm Athletics - women's marathon |
| 2230-0000 | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | 11:00pm Equestrian - jumping (Edwina Tops-Alexander) TBC Men's hockey quarterfinals |

MONDAY, AUGUST 15

KEY STAT: It's all about Bolt in the most popular event of the games – the men's 100m final. Men's hockey and beach volleyball quarterfinals will add to Australian interest.

AUS MEDAL WATCH: Rookies Esther Qin and Maddison Keeney in diving and sprint cyclist Matthew Glaetzer

BIG NAMES & TEAMS: Usain Bolt (JAM athletics), Anna Meares (track cycling), Matthew Glaetzer (track cyclist), Annette Edmondson (track cycling), Boomers (basketball), Wayde Van Niekerk (RSA athletics)

| AEST | CHANNEL 7 | 7TWO | 7mate | HIGHLIGHTS |
|------------|-------------------------------|---|---|--|
| 0000-0530 | RIO 2016 OVERNIGHT - | RIO 2016 OVERNIGHT - | RIO 2016 OVERNIGHT - | Athletics, equestrian, golf continue 1:00am Tennis men's singles |
| | LIVE | LIVE | LIVE | final |
| | | | | 3:10am Men's water polo Australia vs Greece |
| 0530-0900 | SUNRISE | RIO 2016 MORNING - LIVE | RIO 2016 MORNING - LIVE | 5:00am Diving women's 3m springboard final 5:00am Track cycling including men's sprint final (Matt Glaetzer), women's sprint (Anna Meares), men's omnium (Glenn O'Shea) 8:00am Men's basketball Australia vs Venezuela |
| 0900-1400* | RIO 2016 DAY - LIVE | RIO 2016 DAY - LIVE (*until 1200) | RIO 2016 DAY - LIVE (*until 1200) | 9:20am Athletics including Usain Bolt in the men's 100m semi and final, men's 400m final, women's 400m semifinal, men's high jump (Brandon Starc) TBC Women's beach volleyball quarterfinals |
| 1400-1700 | RIO 2016 HIGHLIGHTS | | | • |
| 1700-1800 | THE CHASE AUSTRALIA | | | |
| 1800-1900 | SEVEN NEWS | | | |
| 1900-2100* | IN RIO TODAY | RIO 2016 HIGHLIGHTS (*1930-2200) | RIO 2016 HIGHLIGHTS (*1930-2230) | |
| 2100-2230 | RIO 2016 EVENING - LIVE | RIO 2016 EVENING - LIVE | RIO 2016 EVENING - LIVE | 10:00pm Canoe/kayak - sprint begins 10:30pm Athletics including |
| 2230-0000 | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | Aussie Ella Nelson (women's 200m) 11:00pm Track cycling including women's sprint (Anna Meares), women's omnium (Annette Edmondson) TBC Women's hockey quarterfinals |

TUESDAY, AUGUST 16

KEY STAT: Usain Bolt returns in the 200m, the Aussie sailors chase their first gold medal and a great morning for athletics fans with men's 800m, women's 400m and men's pole vault finals.

AUS MEDAL WATCH: Tom Burton (sailing); Glenn O'Shea (cycling - omnium)

BIG NAMES & TEAMS: Usain Bolt (USA athletics), Anna Meares (track cyclist), Dani Samuels (athletics), Caster Semenya (RSA athletics), Edwina Tops-Alexander (equestrian)

| AEST | CHANNEL 7 | 7TWO | 7mate | HIGHLIGHTS |
|------------|---------------------------------|---|---|--|
| 0000-0530 | RIO 2016 OVERNIGHT - LIVE | RIO 2016 OVERNIGHT - LIVE | RIO 2016 OVERNIGHT - LIVE | Athletics, Track Cycling, Canoe/Kayak- sprint continue 2:00am Sailing men's laser medal race (Tom Burton) TBC women's water polo quarterfinals |
| 0530-0900 | SUNRISE | RIO 2016 MORNING - LIVE | RIO 2016 MORNING - LIVE | 5:00am Track cycling including the final round of the men's omnium (Glenn O'Shea) TBC Women's hockey quarterfinals |
| 0900-1400* | RIO 2016 DAY - LIVE | RIO 2016 DAY - LIVE (*until 1200) | RIO 2016 DAY - LIVE (*until 1200) | 9:15am Athletics including men's 800m final, women's 400m final, men's pole vault final, women's 400m hurdles, women's discus (Dani Samuels) |
| 1400-1700 | RIO 2016 HIGHLIGHTS | | | |
| 1700-1800 | THE CHASE AUSTRALIA | | | |
| 1800-1900 | SEVEN NEWS | | | |
| 1900-2100* | IN RIO TODAY | RIO 2016 HIGHLIGHTS (*1930-2200) | RIO 2016 HIGHLIGHTS (*1930-2200) | |
| 2100-2230 | RIO 2016 EVENING - LIVE | RIO 2016 EVENING - LIVE | RIO 2016 EVENING - LIVE | 10:00pm Canoe/kayak - sprint including men's K1 1000m final 10:30pm Athletics including |
| 2230-0000 | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | men's 200m (Alex Hartmann/ Usain Bolt), women's discus final (Dani Samuels) 100m hurdles (Michelle Jenneke), pole vault (Alana Boyd), women's 5000m (Madeline Hills, Genevieve LaCaze, Eloise Wellings) 11:00pm Track cycling including women's sprint quarterfinals (Anna Meares) 11:00pm Equestrian - Jumping Team |

WEDNESDAY, AUGUST 17

KEY STAT: Anna Meares in her final race, defending the gold medal she won in London; plus a thrilling athletics session with the men's high jump final and women's golf begins.

AUS MEDAL WATCH: Three genuine cycling chances - women's omnium, women's sprint and men's keirin; and sailing cousins Lisa Darmanin/Jason Waterhouse in the Nacra 17

BIG NAMES & TEAMS: Anna Meares (track cycling), Caster Semenya (RSA athletics), Minjee Lee (golf), Edwina Tops-Alexander (equestrian)

| AEST | CHANNEL 7 | 7TWO | 7mate | HIGHLIGHTS |
|------------|---------------|-----------------------|-----------------------|---|
| 0000-0530 | RIO 2016 | RIO 2016 | RIO 2016 | Athletics, track cycling, equestrian |
| | OVERNIGHT - | OVERNIGHT - | OVERNIGHT - | continue |
| | LIVE | LIVE | LIVE | 3:00am Sailing medal race |
| | | | | Nacra 17 mixed multihull (Lisa |
| | | | | Darmanin/Jason Waterhouse) |
| | | | | 3:00am Synchronised |
| | | | | swimming |
| | | | | TBC Women's basketball |
| | | | | quarterfinals |
| | | | | TBC Men's basketball |
| | | | | quarterfinals |
| | | | | TBC Men's hockey semi finals |
| | | | | TBC Women's football semi |
| 0500 0000 | CUMPICE | DIO 0046 | DIO 0046 | finals |
| 0530-0900 | SUNRISE | RIO 2016 MORNING - | RIO 2016 MORNING - | 5:00am Track cycling finals including warmen's arrint. Annual |
| | | LIVE | LIVE | including women's sprint - Anna Meares in her last event of the |
| | | LIVE | LIVE | Games, women's omnium final |
| | | | | (Annette Edmondson), men's |
| | | | | keirin |
| | | | | • 7:00am Diving men's 3m final |
| | | | | TBC Beach volleyball |
| | | | | semifinals |
| 0900-1400* | RIO 2016 | RIO 2016 | RIO 2016 | 9:15am Athletics including |
| | DAY - LIVE | DAY - LIVE | DAY - LIVE | men's high jump final, |
| | | (*until 1200) | (*until 1200) | women's 1500m final, women's |
| | | | | long jump (Chelsea Jaensch |
| | | | | and Brooke Stratton), javelin |
| | | | | (Kim Mickle, Kathryn Mitchell |
| | | | | and Kelsey-Lee Roberts), |
| 1400-1700 | RIO 2016 | | | women's 200m semifinals |
| 1400-1700 | HIGHLIGHTS | | | |
| 1700-1800 | THE CHASE | | | |
| 1100 1000 | AUSTRALIA | | | |
| 1800-1900 | SEVEN NEWS | | | |
| | | | | |
| 1900-2100* | IN RIO TODAY | RIO 2016 | RIO 2016 | |
| | | HIGHLIGHTS | HIGHLIGHTS | |
| | | (*1930-2030) | (*1930-2200) | |
| | | | | |
| 2100-2230 | RIO 2016 | RIO 2016 | RIO 2016 | 8:30pm Women's golf begins |
| | EVENING - | EVENING - | EVENING - | 10:00pm Canoe/ Kayak- sprint |
| | LIVE | LIVE | LIVE | 10:30pm Athletics including |
| 2230-0000 | RIO 2016 LATE | RIO 2016 LATE | RIO 2016 LATE | decathlon (Cedric Dubler) |
| | NIGHT - LIVE | NIGHT - LIVE | NIGHT - LIVE | men's 5,000m and women's |
| | | | | 800m |
| | | | | 11:00pm Equestrian Jumping |
| | | | | team finals |

THURSDAY, AUGUST 18

KEY STAT: Sailor Mat Belcher defending his 470 crown with new partner, Will Ryan; BMX begins; women's 100m hurdles and long jump finals and Usain Bolt

AUS MEDAL WATCH: Mat Belcher/Will Ryan; women's long jump

BIG NAMES & TEAMS: Usain Bolt (USA athletics), Boomers (basketball), Dream Team (USA basketball), Caroline Buchanan (BMX), Sam Willoughby (BMX), Melissa Wu (diving), Brittany Broben (diving)

| AEST | CHANNEL 7 | 7TWO | 7mate | HIGHLIGHTS |
|------------|---------------------------------|---|---|---|
| 0000-0530 | RIO 2016 OVERNIGHT - LIVE | RIO 2016 OVERNIGHT - LIVE | RIO 2016 OVERNIGHT - LIVE | Athletics, equestrian, golf continue 2:00am Sailing men's 470 gold medal race (Mat Belcher/ Will Ryan) 2:30am BMX cycling including Sam Willoughby, Caroline Buchanan 4:00am Diving women's 10m platform (Melissa Wu, Brittany Broben) TBC Basketball men's quarterfinals |
| 0530-0900 | SUNRISE | RIO 2016 MORNING - LIVE | RIO 2016 MORNING - LIVE | TBC Women's hockey semifinals TBC Women's water polo semi finals |
| 0900-1400* | RIO 2016 DAY - LIVE | RIO 2016 DAY - LIVE (*until 1200) | RIO 2016 DAY - LIVE (*until 1200) | 9:20am Athletics including women's 100m hurdles finals, men's 200m semifinals, women's 200m final, women's long jump final - lookout for the Australians 11:00am Beach volleyball medal matches |
| 1400-1700 | RIO 2016 HIGHLIGHTS | | | |
| 1700-1800 | THE CHASE AUSTRALIA | | | |
| 1800-1900 | SEVEN NEWS | | | |
| 1900-2100* | IN RIO TODAY | RIO 2016 HIGHLIGHTS (*1930-2030) | RIO 2016 HIGHLIGHTS (*1930-2200) | |
| 2100-2230 | RIO 2016 EVENING - LIVE | RIO 2016 EVENING - LIVE | RIO 2016 EVENING - LIVE | 8:30pm Women's golf 9:30pm Athletics including women's high jump (Eleanor |
| 2230-0000 | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | Patterson), men's and women's 4x100m relays 10:00pm Canoe Sprint including men's K2 1000m final 11:00pm Diving women's 10m platform semifinal (Melissa Wu, Brittany Broben) Midnight Men's triathlon (Aaron Royle, Ryan Bailie, Ryan Fisher) |

FRIDAY, AUGUST 19

KEY STAT: Usain Bolt takes a few more strides towards history in the men's 200m final, Jared Tallent chases redemption in the men's 50km walk and several Australian Olympic medallists hunt for further success.

AUS MEDAL WATCH: Men's Hockey; Sailing defending champions Nathan Outteridge/lain Jensen; women's 10m diving; women's javelin and equestrian jumping

BIG NAMES & TEAMS: Usain Bolt (USA athletics), Jared Tallent (race walker), Melissa Wu (diving), Brittany Broben (diving), Kim Mickle (javelin)

| AEST | CHANNEL 7 | 7TWO | 7mate | HIGHLIGHTS |
|------------|---------------------------------|---|---|--|
| 0000-0530 | RIO 2016 OVERNIGHT - LIVE | RIO 2016 OVERNIGHT - LIVE | RIO 2016 OVERNIGHT - LIVE | Athletics, golf, diving, triathlon continue 1:00am Hockey men's bronze medal match 2:00am Sailing Men's 49er (Nathan Outteridge, lain Jensen) 2:30am Men's BMX quarterfinals |
| 0530-0900 | SUNRISE | RIO 2016 MORNING - LIVE | RIO 2016 MORNING - LIVE | 5:00am Diving women's 10m platform final 6:00am Hockey men's gold medal match TBC Women's basketball semifinals TBC Men's water polo semifinals |
| 0900-1400* | RIO 2016 DAY - LIVE | RIO 2016 DAY - LIVE (*until 1200) | RIO 2016 DAY - LIVE (*until 1200) | 9:20am Athletics finals including men's 200m final (Usain Bolt), men's shot put final, women's javelin final and men's decathlon final 11:00am Beach volleyball medal matches |
| 1400-1700 | RIO 2016 HIGHLIGHTS | | | |
| 1700-1800 | THE CHASE AUSTRALIA | | | |
| 1800-1900 | SEVEN NEWS | | | |
| 1900-2100* | IN RIO TODAY | RIO 2016 HIGHLIGHTS (*1930-2030) | | |
| 2100-2230 | RIO 2016 EVENING - LIVE | RIO 2016 EVENING - LIVE | | 8:30pm Women's golf 9:00pm Men's 50km race walk (Jared Tallent defending |
| 2230-0000 | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | champion) 10:00pm Canoe/Kayak - sprint including men's K4 1000m 10:00pm Taekwondo including women's - 67kg (Carmen Marton) 11:00pm Equestrian individual jumping final Round A |

SATURDAY, AUGUST 20

KEY STAT: Caroline Buchanan and Sam Willoughby's BMX pursuit, women's water polo gold, men's basketball semifinals, Bolt's final race of Rio 2016, the Aussie triathlon girls and the final round of women's golf.

AUS MEDAL WATCH: Jared Tallent, Caroline Buchanan, Sam Willoughby, women's water polo, possible women's football/hockey, taekwondo - Carmen Marton, Men's K4 defending Australia's title in canoe/kayak-sprint

BIG NAMES & TEAMS: Usain Bolt (USA athletics), Jared Tallent (race walker), Caroline Buchanan (BMX), Sam Willoughby (BMX)

| AEST | CHANNEL 7 | 7TWO | 7mate | HIGHLIGHTS |
|------------------------|--------------------------------------|---|--|---|
| AEST 0000-0530 | CHANNEL 7 RIO 2016 OVERNIGHT - LIVE | 7TWO RIO 2016 OVERNIGHT - LIVE | 7mate RIO 2016 OVERNIGHT - LIVE | HIGHLIGHTS Men's 50km walk, golf, equestrian, taekwondo continue O0:20 Women's water polobronze medal match 1:00am Women's hockey bronze medal match 2:00am Women's football bronze medal match 2:30am Equestrian individual jumping final Round B 2:30am BMX semifinal and |
| 0530-0900 | RIO 2016 | RIO 2016 | RIO 2016 | finals - watch for Aussies Caroline Buchanan, Sam Willoughby 4:30am Women's water polo gold medal match 6:00am Women's hockey gold |
| | MORNING - LIVE | MORNING - LIVE | MORNING - LIVE | medal match 6:30am Women's football gold medal match 7:00am Women's modern pentathlon final (Chloe Esposito) TBC Men's basketball semifinals |
| 0900-1400* | RIO 2016 DAY - LIVE | RIO 2016 DAY - LIVE (*until 1200) | RIO 2016 DAY - LIVE (*until 1200) | 9:00am Women's taekwondo - 67kg finals (watch for Aussie Carmen Marton) 9:10am Athletics finals including women's and men's 4x100m relay (Usain Bolt), women's pole vault final and women's 4x400m relay (Australia) |
| 1400-1730 1800-1900 | RIO 2016 HIGHLIGHTS SEVEN NEWS | | | |
| 1900-2100* | IN RIO TODAY | RIO 2016 HIGHLIGHTS (*1930-2000) | RIO 2016 HIGHLIGHTS (*1930-2200) | |
| 2100-2230 | RIO 2016 EVENING - LIVE | RIO 2016 EVENING - LIVE | DIO 2046 LATE | 8:00pm Women's golf final round 10:00pm Canoe Sprint finals |
| 2230-0000 | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | including the Australians defending their K4 1000m Olympic crown Midnight Women's triathlon |

SUNDAY, AUGUST 21

KEY STAT: The best teams emerge as medals go off in the team sports and the majestic men's marathon.

AUS MEDAL WATCH: Women's basketball, women's high jump

BIG NAMES & TEAMS: Caster Semenya (RSA athletics), Mo Farah (GBR athletics), Eleanor Patterson (athletics), Ryan Gregson (athletics)

| AEST | CHANNEL 7 | 7TWO | 7mate | HIGHLIGHTS |
|------------|---------------------------------|---|---|--|
| 0000-0530 | RIO 2016 OVERNIGHT - LIVE | RIO 2016 OVERNIGHT - LIVE | RIO 2016 OVERNIGHT - LIVE | Golf, triathlon continue 00:30 Women's basketball bronze medal match 4:20am Rhythmic gymnastics individual all-around final 4:30am Women's basketball gold medal match |
| 0530-0900 | RIO 2016 MORNING - LIVE | RIO 2016 MORNING - LIVE | RIO 2016 MORNING - LIVE | 5:30am Diving men's 10m platform final 6:30am Men's football gold medal match 7:00am Men's modern pentathlon final (Max Esposito) |
| 0900-1400* | RIO 2016 DAY - LIVE | RIO 2016 DAY - LIVE (*until 1200) | RIO 2016 DAY - LIVE (*until 1200) | 9:10am Athletics including men's and women's 4x400m final, women's high jump final, men's 1500m final, men's 5000m final, women's 800m final, men's javelin final 11:15am Women's indoor volleyball gold medal match |
| 1400-1730 | RIO 2016 HIGHLIGHTS | | | , , |
| 1800-1900 | SEVEN NEWS | | | |
| 1900-2100* | IN RIO TODAY | RIO 2016 HIGHLIGHTS (*1930-2230) | RIO 2016 HIGHLIGHTS (*1930-2130) | |
| 2100-2230 | RIO 2016 EVENING - LIVE | RIO 2016 EVENING - LIVE | RIO 2016 EVENING - LIVE | 9:30pm Men's freestyle wrestling 10:30pm Men's marathon with |
| 2230-0000 | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | RIO 2016 LATE NIGHT - LIVE | Australians Liam Adams, Michael Shelley, Scott Westcott 10:30pm Men's indoor volleyball bronze medal match Midnight Rhythmic gymnastics group final |

MONDAY, AUGUST 22

KEY STAT: Can one of the most successful teams in Olympic history - Team USA - collect yet another Olympic medal? Plus the medal matches in Brazil's favourite sport, volleyball; and the European powerhouses vie for men's handball gold.

AUS MEDAL WATCH: Men's basketball

BIG NAMES & TEAMS: The biggest names in men's basketball, including a host of NBA players

| AEST | CHANNEL 7 | 7TWO | 7mate | HIGHLIGHTS |
|-----------|---------------------------------|---------------------------------|---------------------------------|--|
| 0000-0530 | RIO 2016 OVERNIGHT - LIVE | RIO 2016 OVERNIGHT - LIVE | RIO 2016 OVERNIGHT - LIVE | Marathon, volleyball continue O0:30 Men's basketball bronze medal match 1:30am Men's Mountain bike final 1:15am Men's Indoor Volleyball Final 3:00am Boxing medals including the super heavy (+91kg) final 3:00am Men's handball gold medal match 4:45am Men's basketball gold medal match |
| 0530-0900 | SUNRISE | | | |
| 0900-1200 | CLOSING CEREMONY | CLOSING CEREMONY | CLOSING CEREMONY | Presented by Johanna Griggs and Basil Zempilas, with special guests |

Australians to watch in Rio

Anna Meares (Cycling: Track)

The Queensland sprint sensation is one of the most successful female track cyclists in history with two Olympic gold medals and 11 world championships titles. Although a decade-long rivalry came to an end when British rider Victoria Pendleton retired after the London 2012 Games, there will be plenty of new challengers facing Meares as she aims to become the most decorated female cyclist in Olympic history.

Belinda Hocking (Swimming)

Small in stature but big in ticker, Belinda is on the comeback trail after an accident and injury-marred 2015, beating reigning world champion Emily Seebohm at the Australian Olympic selection trials in April to book a ticket to her third Games. While all the talk is of Seebohm and London 2012 Olympic champion Missy Franklin, "Bindy" is right in the mix for a medal.

Bronte Campbell (Swimming)

The 21-year-old had a massive breakout year in 2015, upending big sister Cate by winning gold in both the 50m and 100m freestyle at the 2015 world championships in Kazan as well as another in the 4x100m freestyle. The Campbell sisters were born in Malawi, train together under Simon Cusack at Brisbane's Valley Pool, are team roommates when travelling and own a Brisbane apartment together.

Cameron McEvoy (Swimming)

The lightly-built Queenslander and aspiring astronaut has the best chance of ending a 12-year Olympic gold-medal drought for Australia's male swimmers in Rio after winning silver in the men's 100m freestyle at the Kazan 2015 world championships. McEvoy will enter up to five events and a medal in each – of any colour – would see him equal the most decorated Australians at a single Games with 5 medals (Ian Thorpe, Shane Gould and Alicia Coutts).

Caroline Buchanan (Cycling: BMX)

Caroline went to London 2012 ranked world number 2 and finished first in the seeding run, but was left shattered after missing the start in the final and finishing 5th. The Gold Coast-based 25-year-old Canberran has since won world championship gold (2013) and silver (2015 and 2016), as well as the Supercross World Cup series - but the thought of another shot at gold in Rio has been her primary incentive since London.

Cate Campbell (Swimming)

The Australian swim team captain was unbeaten between the London 2012 Olympic Games and the Kazan 2015 world championships, where she relinquished her world title to younger sister Bronte, ending the year as the number one ranked woman in 50m freestyle and number two ranked woman in the 100m, behind Bronte. Cate broke the 100m freestyle world record on July 2, 2016. The 24-year-old made her Olympic debut in Beijing 2008 where she won bronze in both the 50m freestyle and 4x100m freestyle.

Chloe Esposito (Modern pentathlon)

A seventh place at London 2012 – the best Olympic result by an Australian female – as well as another fantastic year in 2015 – which included bronze at the World Cup Final and silver at the end-of-year Champion of Champions in Doha – proves the 24-year-old Sydneysider is a genuine contender for Australia's first Olympic medal in modern pentathlon.

Edwina Tops-Alexander (Equestrian: Jumping)

The two-time Global Champions Tour winner (2011, 2012) has been Australia's best-performed showjumper at the last two Games and is poised to win our first Olympic medal in the discipline. The 42-year-old Sydney-born rider moved to Europe in 1999 and married long-time Dutch partner and Barcelona 1992 Olympic gold medallist Jan Tops in 2011. The couple run a multi-million dollar equestrian facility in the Netherlands.

Emily Seebohm (Swimming)

Emily reached a career high in Kazan in 2015 with her first individual world championship golds in both 100m and 200m backstroke and she can become the first Australian female backstroker to win Olympic gold in Rio. The Adelaide-born, Brisbane-based swimmer escapes from the relentless expectation to win gold in Rio by riding her horse Platinum on the outskirts of Brisbane and by building extra strength through pole fitness. Her father, John Seebohm, played 319 games for Glenelg in the South Australian National Football League.

Emma Moffatt (Triathlon)

The Beijing 2008 bronze medallist and dual world champion (2009, 2010) crashed out on the first lap of the bike leg at London 2012, so Emma has unfinished business in Rio where she and Erin Densham become the first Australian triathletes to go to three Games. The Moree-born 31-year-old is engaged to kayaker and fellow Rio 2016 Olympian Daniel Bowker.

Fabrice Lapierre (Athletics: Long jump)

Fabrice just missed selection for London four years ago due to injury but returned to impressive form in 2015 with silver (8.24m) at the Beijing world championships – his best jump since 2013 – followed by another silver at the world indoors (8.25m) in March 2016. In Rio, the 32-year-old will look to break an extended Olympic silver medal-winning streak by Australians in the event; Theo Bruce (1948), Gary Honey (1984), Jai Taurima (2000) and Mitchell Watt (2012).

Glenn O'Shea (Cycling: Track - omnium)

Glenn is a three-time world champion (omnium 2012, team pursuit 2013, 2014), London 2012 Olympic silver medallist (team pursuit) and 2014 Commonwealth Games gold medallist (team pursuit). He collected bronze in the omnium at the 2016 world championships in London in March. The 27-year-old, who all but called it quits in 2011 after two years of illness and injuries, may also gain a spot on the men's pursuit team.

Jared Tallent (Athletics: Men's 20km walk, 50km walk)

Jared heads to Rio as defending champion in the 50km walk having claimed silver medals in Beijing 2008 and London 2012 – the latter recently upgraded to gold after it emerged the winner should have been banned for doping. Together with bronze in the 20km in Beijing, a fourth Olympic medal in Rio will make the 31-year-old Australia's most decorated male Olympian in track and field – a record he now shares with Stan Rowley who won three bronze medals in Paris in 1900. Jared married fellow walker and Olympian Claire Woods in the Adelaide suburb of Walkerville a week after the Beijing Games and has been an avid wine collector since moving to the South Australian capital in 2013.

Jason Waterhouse and Lisa Darmanin (Sailing: Nacra 17)

Former Australian Youth America's Cup team skipper Jason Waterhouse has teamed up with his cousin Lisa Darmanin in the mixed gender Nacra 17 class which makes its debut in Rio. The pair is a credible medal contender courtesy of bronze at the 2014 World Sailing Championships in Santander, silver at the 2015 Nacra world championships, and gold and silver at the two Rio Olympic Test events in 2015 and 2016.

Jessica Fox (Canoe slalom)

Lived up to her tremendous promise at London 2012 when she won a surprise silver in the K1 and followed up with gold at the 2014 world championships. The Marseille-born 22-year-old has an impeccable pedigree; father Richard won five world titles for Great Britain and competed in Barcelona in 1992, while her mother and coach Myriam snared two world titles and Olympic bronze in Atlanta in 1996 for France. Jessica was inspired by Anna Meares who put her Athens 2004 Olympic gold medal around her neck when they first met.

Kim Brennan (Rowing: Women's single sculls)

The former Kim Crow – she married fellow rower Scott Brennan in December 2015 – achieved a rare feat in rowing by competing in two events at London 2012 and winning medals in both; bronze in the single sculls and silver in the double sculls (with Brooke Pratley). She has since focused on the single, winning the world title in 2013, taking silver in 2014, then reclaiming the title in 2015. She turns 31 during the Rio Games.

Liz Cambage (Basketball)

Rio will be the second Games for the 203cm (that's 6'7"in the old money) 24-year-old, who uses her imposing physique to play the game in a hard, uncompromising way. It might be just what the Opals need to overcome the mighty US and win our first Olympic gold.

Mack Horton (Swimming)

The 20-year-old laid down a marker at the selection trials in Adelaide in April when he broke 14:40 in the 1500m freestyle, the fastest time in the event since London 2012 and the number two Australian behind Grant Hackett. Horton has a friendly rivalry with Italian reigning world champion Gregorio Paltrinieri; they have trained together in Melbourne under coach Craig Jackson and they will now go head to head for the gold medal in Brazil.

Mat Belcher & Will Ryan (Sailing: Men's 470)

The World number one ranked crew won three consecutive world titles (2013, 2014, 2015) before claiming a bronze in Argentina in March. That winning streak brought Belcher's overall world title count to six in a row – a record for a current Olympic boat class – having previously crewed with Malcolm Page with whom he also won London 2012 Olympic gold.

Melissa Tapper (Table tennis)

'Milly' Tapper will make history by becoming the first Australian to compete in both the Paralympics and the Olympic Games. Tapper, 26, who has Erb's palsy which has caused paralysis in her right arm, finished fourth in the individual class-10 competition at the London 2012 Paralympic Games. She also won team bronze at the Glasgow 2014 Commonwealth Games, where she was the first Australian Paralympic athlete to qualify in an able-bodied team.

Mitch Larkin (Swimming)

The 22-year-old Brisbane engineering student was one of world swimming's breakout stars of 2015, winning the 100m/200m backstroke double at the Kazan world championships and was named FINA's Male Swimmer of the Year. In Rio, he will be looking to become the first Australian male to win backstroke gold since David Theile in 1960, however a wave of challengers will be coming his way where a world record beckons.

Sam Willoughby (Cycling: BMX)

Sam went to London 2012 wearing the world champion's rainbow jersey, but narrowly missed duplicating the feat at Olympic level, winding up with the silver. Sam reclaimed the world title in Rotterdam in 2014, but crashed out in the 2015 final in Zolder while leading the field. Originally hailing from Adelaide, he now lives and trains in San Diego, USA and recently became engaged to fellow BMX rider Alise Post who will compete for the US in Rio.

Superstars of the Rio 2016 Olympic Games

Katie Ledecky, USA (Swimming)

Still only 19, the nine-time world champion is set to take the pool by storm in six events (200m free, 400m free, 800m free plus all three relays) and it's not improbable that she'll win gold in all six.

Kohei Uchimura, Japan (Gymnastics)

Beijing 2008 silver medallist and London 2012 all-around champion and once-in-a-generation prodigy boosted his argument as the greatest male gymnast of all time with his sixth straight all-around world title in 2015, plus another gold on the high bar, bringing his career worlds medal total to 19. Should he win gold in Rio, he will match Japanese compatriot Sawao Kato's all-around feat of Olympic gold (1968, 1972), silver (1976), only in reverse order.

Michael Phelps, USA (Swimming)

The mercurial swimmer scooped another eight medals four years ago in London, including six gold, to extend his record as the most decorated Olympian in history with 22 medals, including 18 gold. More history awaits the 31-year-old new father in Rio where he can become the first swimmer to win four consecutive gold medals in the same individual event if he wins either the men's 100m butterfly or 200m individual medley.

Neymar, Brazil (Football)

Neymar da Silva Santos Júnior (aka 'Neymar') will be the most recognisable member of the 2016 Brazilian Olympic team where the 24-year-old playmaker could lead his nation to their maiden Olympic title on home soil. The success of the Rio 2016 Olympic Games for the host nation depends on no more important result.

Simone Byles, USA (Gymnastics)

The 4'9" model of power and precision has won 10 straight all-around competitions – her last defeat coming in March 2013 – and continued her march to Rio when she became the first woman to win three straight world all-around titles in 2015. The 19-year-old, who was adopted by her grandparents, is now set up to win four gold medals in Rio, something no gymnast has done since Vitaly Scherbo took six in Barcelona in 1992.

Usain Bolt, Jamaica (Athletics)

The 29-year-old Jamaican super sprint sensation is aiming to win his third successive Olympic titles in the men's 100m, 200m and 4x100m and become the first to do the "triple triple". If Bolt wins the 100m or 200m, he will also be the first athlete to win an individual track event three times in a row.

A Guide to the Competition Venues for Rio 2016

- There are 37 competition venues, divided into four zones or clusters in Rio. They are Barra, Deodoro, Maracanã and Copacabana.
- There are five other cities hosting football; Belo Horizonte (Mineirão Stadium), Brasília (Mané Garrincha Stadium), Manaus (Amazônia Arena), Salvador (Fonte Nova Arena) and São Paulo (Corinthians Arena).
- There are also three non-competition venues: the Olympic Village, the International Broadcast Centre and Main Press Centre - each located in Barra.
- Barra Olympic Park features nine venues and 15 sports: Basketball, Wrestling, Judo, Fencing, Taekwondo, Handball, Diving, Synchronised Swimming, Water Polo Swimming, Water Polo, Tennis, Gymnastics (artistic, rhythmic, trampoline), Cycling – Track.
- Six other venues in the Barra zone feature events in seven sports. The Olympic Village and Media Village is also nearby. The sports are: Golf, Cycling - Road Time Trial, Athletics - Race Walks, Weightlifting, Table tennis, Badminton, Boxing.
- Deodoro Olympic Park will host nine competition venues with eight sports in nine disciplines: Equestrian, Shooting, Cycling – BMX, Hockey, Canoe Slalom, Cycling -Mountain bike, Rugby Sevens, Modern Pentathlon, Basketball (women's prelims).
- Maracanã will feature four sports at four venues: Volleyball, Ceremonies, Athletics, Archery and Marathons.
- Copacabana will feature four competition venues hosting seven sports: Beach Volleyball, Marathon Swimming, Cycling - Road Race, Triathlon, Rowing, Canoeing and Sailing.

The Games of the XXXI Olympiad in a nutshell

- The Rio 2016 Olympics are the Games of the XXXI Olympiad.
- The estimated operating cost of the Games is \$2.6 billion, with a further \$20 billion allocated to venue construction and city infrastructure.
- Rio de Janeiro was awarded the Games on Wednesday, October 2, 2009 at the IOC session in Copenhagen, finishing with 66 votes ahead of Madrid (32) in the final round. Chicago and Tokyo were eliminated in the earlier rounds. Three other cities Doha, Prague and Baku submitted bids to the IOC, but failed to make the shortlist in September, 2007.
- Rio is the first city in South America to host the Games.
- The 37 competition venues are divided into four clusters around Rio; Barra Olympic Park, Deodoro Olympic Park, Copacabana and Maracanã, plus five cities outside Rio which will host some football matches; Belo Horizonte, Brasilia, Salvador, São Paulo and Manaus
- 206 National Olympic Committees have been invited to participate in the Rio 2016
 Games, up from 204 in London four years ago. In Rio, Kosovo and South Sudan will
 make their Olympic debut, while a team of Refugee Olympic Athletes will also
 participate.
- There are 28 sports are on the program in 2016, two more than at the last Games in London. Golf returns after an absence of 112 years, while rugby which made four appearances in 1900, 1908, 1920 and 1924 in the 15-a-side game, returns in the popular sevens format.
- An estimated 10,500 competitors will take part in 41 disciplines across 28 sports.
- There are 306 medal events in Rio, four more than in London 2012. There are 161 events for men, 136 for women and nine mixed.
- There will be eight new events on the program; two in golf (men's and women's individual), two in rugby sevens (men's and women's), two in sailing (women's 49erFX, mixed Nacra 17) and two in women's wrestling. Four events have been removed from the program; two in sailing (Star, Elliott 6m) and two in men's wrestling, while men's sabre and women's team foil in fencing have been rotated out of the program.

- The first gold medal awarded will be in the women's 10m air rifle, around 11.30pm AEST on the opening day of competition.
- The last gold medal of the Games will be decided in men's basketball from 4.45am
 AEST on Monday, August 22. However, the last gold medal will be presented for the men's marathon during the closing ceremony.
- The Olympic Village will cater for around 16,000 athletes and officials during the Games,
 plus a further 6000 during the Paralympics.

The Emblem

The Rio 2016 logo was designed by Brazilian company Tatíl Design and unveiled on December 31, 2010. The logo represents three figures, in the yellow, green, and blue of the Brazilian flag, joined at the arms and in a triple embrace, with the overall shape reflecting Sugarloaf Mountain. The logo was based on four concepts: contagious energy, harmonious diversity, exuberant nature and Olympic spirit.

The Slogan

The official slogan for the Rio 2016 Olympics is "Live your passion".

The Mascots

Two official mascots have been created for the Rio Games; one for the Olympic Games and the other for the Paralympic Games. Both are magical creatures with super powers. Vinicius, the bright yellow cat-like Olympic mascot, is a representation all the different animals of Brazil — the agility of cats, sway of monkeys and grace of birds. He can stretch his arms and legs as much as he wants. Tom, his green leaf-haired brother, is the Paralympic mascot and is a mixture of plants from the Brazilian forests. He can pull any object from his head of leaves. Together, they represent and celebrate the diversity of Brazilian culture and the country's exuberant nature. The two names honour iconic Brazilian musicians Vinicius de Moraes and Tom Jobim, exponents of Bossa Nova, a movement that made everyone know and sing about the beauties of Rio. They released the song The Girl from Ipanema in 1964, which is one of the most played songs in the world.

Australia at the Olympic Games

- Australia is one of five countries that have attended every modern Olympic Games since 1896. The others are Greece, Great Britain and France, while Switzerland claim this record as they attended the equestrian events in Stockholm in 1956, but did not send a team to Melbourne.
- Australia has won 483 medals, including 142 gold.
- Swimming has been our most successful sport (190 medals, 59 gold), followed by Athletics (71 medals, 21 gold), Cycling (49 medals, 14 gold) and Rowing (37 medals, 10 gold)
- Our most successful event has been the men's 1500m freestyle, with 25 medals, including eight gold. Included in that tally are gold won at four successive Games (1992, 1996, 2000, 2004) a record winning streak for Australia in any Olympic event.
- Ian Thorpe and Leisel Jones are Australia's most prolific Olympic medal winners with nine medals, including five gold. Three Australians – all swimmers – have won five medals at a single Games; Shane Gould (Munich 1972), Ian Thorpe (2000) and Alicia Coutts (London 2012).