

Media Release

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Anh Do's on top of the world in search for happiness

See the top of the world through the eyes of Australia's favourite comedian when Anh Do travels to Scandinavia and Iceland to discover the Nordic secret to happiness.

In two all-new television specials, 8.30pm Thursdays from February 27, Anh sets off to find out why the people of Denmark, Sweden and Iceland are described as the happiest people on earth.

Anh's quest takes him from the magnificent Scandinavian wilderness to the vibrant capitals of Stockholm and Copenhagen, before heading north to the land of fire and ice, Iceland.

Along the way, Anh tries their Viking-age games; tastes unique local delicacies; learns the secrets of good health; battles the elements; and has fun with some extraordinary locals who call the top of the world their home.

Beyond the breathtaking natural beauty of these countries, Anh's journey will reveal the powerful influence of the Vikings over these resilient people and their secrets to leading a happy life.

Anh Does Scandinavia and Anh Does Iceland follow Seven's top rating two-part specials, Anh Does Vietnam in 2012 and Anh Does Britain in 2013.

The Anh Does... series of specials are produced in-house by Seven Productions. Seven's Paul Melville is Director and Executive Producer.

Anh Does Scandinavia – 8.30pm, Thursday February 27

Anh Does Iceland – 8.30pm, Thursday March 6

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